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Home & Living

REAL ESTATE

Resource Centre

Presented by Margo Teeter & JD Stump

SEE PAGE 11

Getting Lucky with Color

SEE PAGE 20

HAPPENING

AROUND TOWN

SEE PAGE 6

FOCAL POINT

SEE PAGE 38

LOOKING BACK

AT THE GOVERNORS MANSION

SEE PAGE 10

WEEKEND TRAVELER

SEE PAGE 32

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the "Arena" at 6400 MacCorkle Ave SW St. Albans, WV 25177
Route 60 W. between South Charleston & St. Albans

West Virginia's premiere **A+** rated
Art & Craft Show

MARCH 10, 11, 12, 2017
FRI 4 pm to 8 pm | SAT 10 am to 7 pm | SUN 10 am to 4 pm

Whether you are looking for a venue to sell your handmade wares or you are shopping for the perfect gift for family, friends or associates, you will love Something Special **Art & Craft Show**.

We are proud to bring you an Art & Craft Show that is totally committed to crafters and artisans who want to associate with other true professionals and are excited to offer their work to the public.

For overnight stay: Special rate of \$42/night at Dunbar Plaza Hotel, 1007 Dunbar Ave, Dunbar, WV 25064 (3 miles from show) **304-768-1000**.

Directions to the **"Arena"** at 6400 MacCorkle Ave SW
From I-64 take exit 54 (MacCorkle Ave. Route 60). Turn left on MacCorkle (3.3 miles to 6400 MacCorkle)



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ON THE COVER

Building & Remodeling Warehouse
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Photography

2

Art & Craft
Show

3

Go Minis

4

Masthead

5

Building &
Remodeling

6

Happening
Around Town

7

G&R
Contracting

8

Mr. Handyman

9

Darin Fisher

10

Looking Back

11

REAL ESTATE
Resource Centre
Teeter & Stump

12

Sandy
Campbell

13

Margo Teeter

14

Kresta Hill

15

Janet Amores

16

Vickie
McLaughlin

17

Mara Ellis

17

Best Electric

18

Autism

19

Peggy White

20

Dave Cooper

21

David Saul

21

Boggs
& Associates

22

Duke Jordan

23

Sallie Hart

24

City National
Bank

24

City Insurance

25

Currey Realty

26

American Dream
Realty

27

Michael Bell
Photography

27

Duke Jordan

28

Nadia Hardy &
Wilma Ellis

29

Sandy Kessell

30

Smith's Furniture

30

White Insurance &
Associates

30

Advanced Water

31

Alford Home
Solutions

31

Bailes
Granite

32

Weekend
Traveler

34

Ferguson
Enterprises

35

Window World

36

Physicians
Weight Loss

36

Garlow
Insurance

37

TNT
Garage Doors

38

Focal Point

39

St. Albans
Windows

**BACK
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Happening Around Town P6

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*Looking Back: at the
Governors Mansion P10*

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Getting Lucky with Color P20

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Weekend Traveler PP32-33

M. Lynne Squires

Focal Point 38

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Cover: A special thanks to

The Charleston Police

Department and

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MARCH 2017 TIPS & TRICKS

TIPS FOR CHOOSING THE RIGHT REPLACEMENT WINDOWS

Words can't describe enjoying a gorgeous view out your window or letting the natural sunlight shine through. Whether you think about it or not your windows are one of the best ways to bring the outdoors in and they help you connect with your exterior home for safety and security. If you are considering changing out your current windows or are designing your next home – look at these useful tips for choosing the right exterior window style for your home.



1. Choose windows that reflect your home's architectural style, character, lifestyle (modern, contemporary, traditional, country, etc.)
2. Decide what purpose your windows will serve- to let in light, provide a pleasing view or let in a spring breeze. Will they be double hung, sliding, or crank out (casement)?
3. Colorful window exterior frames - you may opt for colored frames that will lend color and curb appeal to the exterior of your home.
4. While; choosing the best accent colors for your interior window frames
5. Selecting the right window for the amount of ventilation needed – Half screens vs. Full screens remembering one of the most essential purposes top let in ventilation.
6. Different type of window accessories such as standard grids, contoured grids, pencil grids, prairie grids, rain glass, or obscure glass –

While your first instinct for remodeling may turn to your kitchen, bathroom, or front yard, don't forget about replacing old windows. With federal energy efficiency mandates there has been a rapid push to install energy efficient windows. To save on energy cost, reduce drafts, and reduce exterior noise. So don't overlook replacing windows as an essential renovation project for your home. Call us today, Windows for Less, at Building & Remodeling Warehouse for a free estimate, and let us get creative in making your windows great again.



HAPPENING Around Town



IF THE EAST END ST. PATRICK'S DAY PUB CRAWL and the Charleston Civic Center's annual WV Home Show are part of the upcoming events, spring is almost here! As the daffodils and forsythias begin to bloom along Kanawha Blvd., Charleston is a beautiful place. Before too much longer, al fresco dining will return to Capitol St. But in the meantime, we get to enjoy a terrific weekend celebrating Celtic arts, culture and tradition. It features concerts, educational opportunities, a petting zoo, and you can even wear your kilt while you run the 5-K!

Kanawha State Forest is a 9,300 acre wonderland just on the outskirts of town. Hikers and other outdoor enthusiasts enjoy it year round, but spring is especially glorious in the woods! If you or others in your family are into rocks and stones, KSF is offering a "Geology Basics" workshop this month.

At the Clay Center, the West Virginia Symphony Orchestra performs twice in March, including a Beatles tribute evening as they perform songs from "Sgt. Pepper's Complete Album". Supergroup "Southern Soul Assembly" makes a stop in town this month with their show that resounds with themes of family & faith and friendship & fun. Broadway comes to Charleston with Rodger's and Hammerstein's "Cinderella" and "RENT's 20th Anniversary Tour".

WWE Live returns to Charleston with such favorite WWE superstars as AJ Styles, John Cena, Randy Orton, Bray Wyatt, the MIZ and many more. Tickets start at just \$15. Folks from all over the state will descend upon Charleston Mar. 15-18 for the WVSSAC Boys High School Basketball Tournament.

The weekend of St. Patrick's Day offers an amazing variety of ways to celebrate with the annual Capitol Market Green Chili Shoot Out (a chili cook-off) and the 5th annual Fox Trot for Parkinson's Research walk/run. The East End St. Patrick's Day Pub Crawl features a "tour" of 8 area pubs with plenty of drink specials, an Instagram challenge, and C&H Taxi's Intox-Taxi available throughout the evening to insure everyone gets home safely.

Spring also brings many celebrations in Charleston's faith community. Christians, Jews, and Hindus all have holidays in March and all are welcome at the local churches, synagogue, and temple. Although winter weather hasn't been very cold and snowy this year, spring always finds everyone ready to push our re-set buttons, get out of the house, and enjoy our "Hip, Historic and Almost Heaven Charleston, WV"!

Mar. 3-5:

"Celtic Calling Events", various venues

Mar. 4:

"Geology Basics", Kanawha State Forest, 1 pm, admission: donation

Mar. 4:

"WVSO Capitol Conference Center Series", Clay Center, 7:30, admission varies

Mar. 5:

"Mountain Stage" featuring Pink Martini, Beth Hurt, and more; Clay Center, 7pm, admission varies

Mar. 10:

"Southern Soul Assembly", Clay Center, 8pm, admission varies

Mar. 11:

"FOOTMAD Contra Dance", Columbia Gas Auditorium, 7pm, admission: \$5 donation

Mar. 12:

"Rodgers & Hammerstein's Cinderella", Clay Center, 7pm, admission varies

Mar. 12:

"The Avett Brothers", Charleston Municipal Auditorium, 8pm, admission varies

Mar. 13:

"Sense of Place Master Workshop", Habitat for Humanity Restore, 10am, admission: \$25 includes lunch

Mar. 13:

"WWE Live", Charleston Civic Center, 7pm, admission varies

Mar. 16:

"ArtWalk", downtown Charleston, free self-guided tour

Mar. 18:

"Fox Trot for Parkinson's Research", Capitol Market, 7am, admission: \$30

Mar. 18:

"Green Chili Shoot Out", Capitol Market, 12pm, admission: TBA

Mar. 18:

"East End St. Patrick's Day Pub Crawl", Charleston's East End, 6pm, admission: \$20

Mar. 18:

"WVSO Sgt. Pepper's: The Complete Album", Clay Center, 7:30pm, admission varies

Mar. 24:

"Capital City Gospel Sing", Charleston Municipal Auditorium, 7pm, admission varies

Mar. 26:

"Mountain Stage", Culture Center Theater, admission varies

Mar. 30:

"RENT 20th Anniversary Tour", Clay Center, 7pm, admission varies

Mar. 31

Apr. 2:

"WV Home Show", Charleston Civic Center, 4pm, admission varies



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- ✓ Power wash deck or patio, removing unsightly mold and mildew and stain/seal your deck
- ✓ Clean window screens and inspect for tears and damage
- ✓ Find and fix leaks in basement and crawspace and fix any moisture issues
- ✓ Add garage space by installing additional storage
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Looking Back

By: M. Lynne Squires

...AT THE GOVERNOR'S MANSION



The West Virginia Executive Mansion, or Governor's Mansion, is part of the State Capitol Complex in Charleston's historic East End. Ephraim F. Morgan, the state's governor from 1921 to 1925, was the first to occupy the new mansion. He lived there a mere seven days before moving out. His term expired, but he went in the history books as the mansion's first occupant.

As plans to build a new capitol were being discussed in 1921, a permanent residence to house the state's governor and family was also considered. Before the construction of the mansion, West Virginia's governors had to house themselves. The land for the present day executive mansion was purchased on July 7, 1921. At the time, the decision of where to build the new capitol had not yet been decided. The Capitol Building Commission would decide to erect the new capitol only a block from from the proposed state house location.

The mansion was built in 1924-1925 under the supervision of architect Walter F. Martens. Martens was not certain he would be considered, but was chosen nonetheless to draw up and present plans for the structure. He consulted with capitol architect Cass Gilbert, and presented his sketches for the Georgian Colonial edifice that is today the West Virginia Executive Mansion.

The West Virginia Executive Mansion is clad in red Harvard colonial brick laid in Flemish bond with black headers. The Georgian Colonial building's entrance is a central, two-story portico supported by six Corinthian columns, ornately decorated with acanthus leaves. The arched entranceway, frames a delicate fanlight above the door. On either side of the home are porches surrounded by a low balustrade and rows of columns which rise to support a flat roof onto which several second floor rooms open. The porch to the east is open, while the one to the west is enclosed. A single story entranceway at the rear balances the central, front portico. A bracketed cornice circles the house above the second floor, and third floor dormers adorn the slate-shingled mansard roof. The third story was not included when the mansion was initially built. The original plans called for it and it was added in 1946. Until then, the building was capped above the

second floor with a flat tin roof.

Entering through the main portico, visitors are immediately struck by the checkered black Belgian and white Tennessee marble floor. The lovely foyer floor is flanked by dual Georgian staircases, a design inspired by architectural studies of the White House. The main floor also houses the elegantly designed and furnished drawing room, ballroom, a State dining room, a sitting room and the library. Eight bedrooms and four baths, including the Governor's private family quarters are located on the second floor, and the third floor contains two additional bedrooms.

The mansion has been redecorated several times since its construction, in 1937 and 1958 and also in more recent years. The close proximity to the Capitol building is softened by the attention to the surrounding landscaping and old growth trees on the grounds. Recently, a wrought iron fence circumventing the home was installed for security reasons. The fence design perfectly complements the homes architectural style.

The stately mansion has welcomed many visitors throughout the years. Business leaders, heads of state, national and global dignitaries, and ambassadors have enjoyed West Virginia hospitality within its walls. Most importantly, the mansion welcomes the residents of mountain state to visit. Tours are available, but be sure to call ahead to schedule.

Next month, Looking Back moves downtown to explore the Municipal Auditorium, Charleston's Art Deco gem.

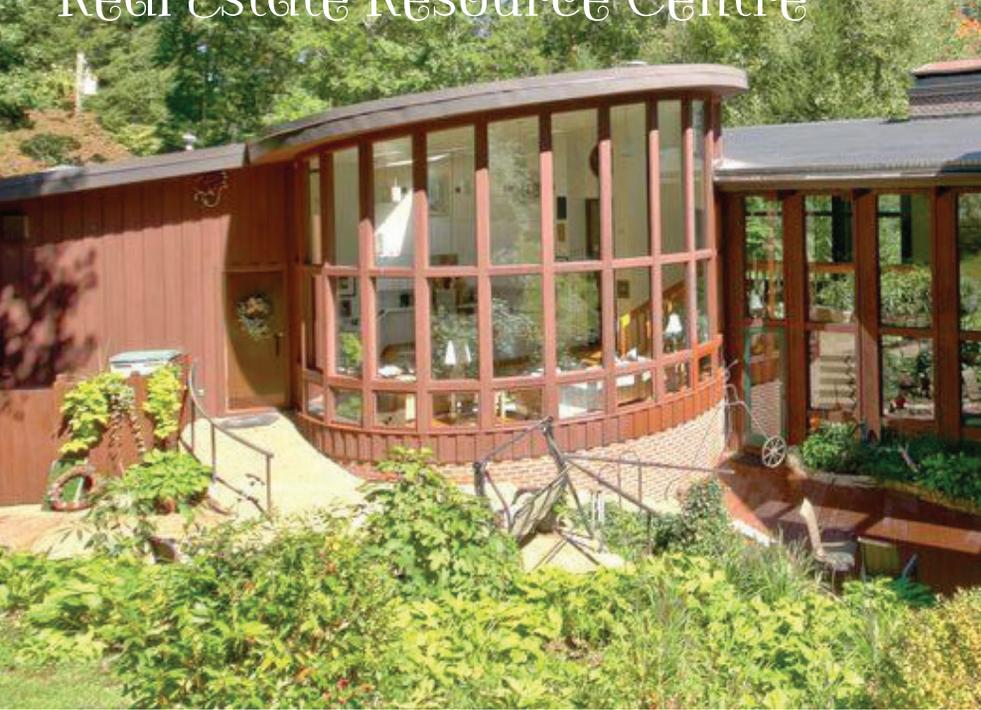


M. Lynne Squires' new book
Mid-Century Recipes from Cocktails to Comfort Food is now available.
Visit www.mlynne.com.

Email your responses about the Governor's Mansion,
or requests for locations you'd like
Looking Back to visit to thewriter@mlynne.com.

CHARLESTON

Real Estate Resource Centre



1 GAT CREEK ROAD SECLUDED SOUTH HILLS NEIGHBORHOOD

Built at the point of Gats Creek, this custom and uniquely designed home features breathtaking 360 degree mountain valley views & enjoys ambient temperatures from the creek breeze. Providing 4 bedrooms, 4 full and 1 half baths, the property boasts an open floorplan incorporating a mixture of antique, reclaimed and custom finishes. The exterior property showcases in-ground pool & bar, professionally landscaped grounds with perennial & annual flower beds, evergreen shrubs & stonewall accents.

For more information please call ...



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MARCH 2017 | Charleston Home & Living 11



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LUXURY TOWNHOUSE WITH OPEN FLOOR PLAN, first floor master suite Fully finished lower level, decks off main and lower levels Cathedral ceilings, hardwood floors throughout. **\$365,000** MLS:200528



WELL MAINTAINED, one owner brick home located in Rock Lake Village. House offers 3 bedrooms and 1 full and 2 half baths. Finished lower level, 1 car garage, screened porch. **\$169,500** MLS:204233



INCREDIBLE STONEHENGE HOME at a great price well below market value! Brick colonial w/5 bdrms including large main floor master suite. Tons of light, privacy & fab southern style front porch. 1 owner. Huge eat in kitchen. Immaculate must see home! **\$449,750** MLS:204602



CHARMING 2-STORY IN EDGEWOOD AREA. 3 BR/1 BA. Hardwood floors throughout. Finished lower level with garage. Large covered back porch and fully fenced back yard. Living room with fireplace, dining room, and updated kitchen on main floor. **\$134,900** MLS 211123



STATELY LOUDON HEIGHTS HOME on front of South Hills, only minutes from downtown. Immaculate condition and loaded with charming Williamsburg feel and privacy. Very little yard work and first floor master makes this home easy living! Home has 2 car garage plus additional detached garage. Fabulous patio. Kitchen with granite and updated baths. **\$294,900** MLS 211409



BEAUTIFUL, ARCHITECT-DESIGNED 2-STORY COLONIAL in South Hills exclusive Stonehenge Subdivision. Over 2 acres with privacy and incredible screened porch with fireplace. Oversized gourmet kitchen with granite, beautiful custom trim woodwork. 5 bedrooms, wood paneled family room, sunroom, and home theatre. One of Charleston's finest! **\$1,399,999** MLS 211425



5 BEDROOM, 3.5 BATH HOME IN WHISPERING WOODS. Darin Fisher designed kitchen with quartz counter tops, Omega Cabinetry, Galley Sink, and all updated appliances. Includes breakfast area, living/sunroom off of family room, and herringbone design wood flooring in formal dining. Office located on the main floor. Master bedroom features large bath and walk-in closet with plenty of storage space. Also has a fully finished lower level with wet bar. **\$550,000** MLS 210532



DYNAMITE HOUSE IN PERFECT CONDITION! Nice, west-side hill street near Edgewood. One owner, brick, 3 bedrooms, 2.5 baths. Many updates! Large rec room, workshop, and one-car garage. Fabulous starter home! **\$134,900** MLS 210454



RARE FIND, one of the best properties in Charleston, incredible estate in fabulous foxchase subdivision. 4 Bedrooms, with possible 5th, 4 and 2 half baths including majestic main floor master bedroom suite with its own balcony. Ridgetop setting with over 9 private wooded acres and 360 degree views. 2 Story great room with floor to ceiling windows. Amazing pool & hot tub, wrought iron fencing and separate pool house that is to die for! Perfect guest house or mother in law quarters. Great room and large kitchen combination, and laundry. Pool house lower level has bedroom, rec room and huge storage under the pool. **\$1,555,000** MLS 207674

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2 CHATWOOD ROAD (MLS#211483)

- Unique home on 8+ acres in Foxchase neighborhood.
- Convenient to downtown amenities yet privacy of the wooded mountains.
- Magnificent handmade brick and southern architecture with extensive woodwork and beautiful gardens.
- Main floor master suite with sitting room.



75 HIGHLAND LANE (MLS#204831)

- Spectacular home on over 87 acres.
- Gourmet kitchen with granite and stainless steel.
- New stone patio with fireplace and stunning woodwork.
- Multi-purpose heated barn.
- Surrounded by rolling pastures and breathtaking views.



103 SALEM ROAD (MLS#211729)

- French colonial luxurious home.
- Professional tile and Brazilian Cherry & Rosewood throughout.
- Heated indoor pool with state of the art HVAC and lighting.
- Private decks overlooking magnificent mountain views.



104 FRANCIS DRIVE (MLS#211568)

- All-brick home in the cul de sac.
- Beautiful, updated kitchen and first floor bedroom with bath.
- Hardwood and marble with magnificent view from the front balcony.
- Ample parking, a three-car garage, and an open floor plan.



19 JAMESTOWN ROAD (MLS#211728)

- Located in one of Charleston's most premier subdivisions.
- Many amenities throughout this home.
- Great family neighborhood.
- Close to downtown, area schools, and shops.



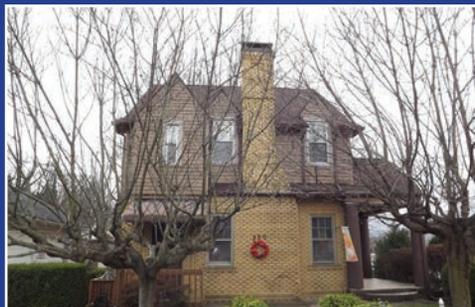
4406 STAUNTON AVENUE (MLS#211618)

- Charming home located in Kanawha City.
- Amazing condition and perfect for a family.
- Fenced front yard and large two-car garage.
- Huge master suite with a sitting balcony.



55 ABNEY CIRCLE NORTH (MLS#211431)

- Charming, four-bedroom home that is freshly painted inside and out.
- Many updates throughout, including a new kitchen and baths.
- Gas logs installed in the fireplace.
- Finished space above the one-car garage.



300 CENTRAL AVENUE (MLS#211319)

- Charming home on a beautiful corner lot! Storage buildings with lots of potential.
- Well-maintained with a totally fenced-in yard and lots of mature trees.
- Beautiful hardwoods plus a third level finished space
- Home also has a full, unfinished basement.



447 9TH AVENUE (MLS#211411)

- Cottage-style home minutes from downtown St. Albans.
- Numerous updates and lovely hardwoods throughout.
- Property has fenced yard and one-car garage.
- Partially finished basement plus a price that will fit your budget nicely!



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Living at The Ridges, Charlestons only gated Community with video surveillance, minutes from Downtown Charleston offers vacation style living including Clubhouse with Gym, party room, Pools, Basketball/Tennis Court and Playground



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214 Winterhall Lane

IMMACULATE CUSTOM BUILT HOME in The Ridges. Features main level master suite & upper level master suite. Open main floor with hardwood including LR, DR & kitchen w/upgraded appliances including gas range mud room w/cubbies from garage. Third level includes finished rooms could be 2 BR or FR and storage. Media room includes surround sound. Golf cart included. Expanded patio and covered area. **\$549,900** MLS 210066



287 Creekstone

SPACIOUS, OPEN-CONCEPT TOWNHOUSE in the Ridges. Features 4 bedrooms, 3.5 baths with large finished walk out basement. Kitchen with granite, stainless-steel appliances open to 2-story family room with gas fire-place. Conveniently located across from the clubhouse with gym, pool, and basketball/tennis court. **\$369,999** MLS 208562



809 Creekside

IMMACULATE SPACIOUS TOWNHOUSE in The Ridges. This home features large open concept with kitchen, family room, dining room, and a finished walk-out basement. Many upgrades such as a stone fire place, tray ceilings, large finished bonus room, upper and lower decks overlooking the mountains and beautiful sunsets. **\$365,000** MLS 208118



243 Mt. Highland

MAIN FLOOR LIVING. Spacious town house in The Ridges. End unit with private side yard. Screened in back porch, plantation blinds on all windows, 2 master suites, one main - one upper. Large closets, lots of storage. **\$299,000** MLS 208064

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\$1,899,999 Extraordinary estate in Presidential that affords you the luxury of both elegance and comfort, in a prime location with exclusive views and two upper-level balconies to enjoy it from. This home is a rare gem; it offers extravagance not only through size, but through priceless, irreplaceable details. Masterful craftsmanship on the wood trim, hickory hardwoods, hand-painted bathroom tiles, 2013 renovated kitchen, and a James River-imported pebble driveway. MLS 207269



\$187,000 Beautiful, mid-entry home boasts old-school charm! Intricate details make a one of a kind, original find. 4 BRs and 3 full baths including a main level master. Ample storage space throughout. Fireplace on each level for a classy, cozy feel. Two car attached garage. A gorgeous, fenced-yard w/patio for entertainment needs. Not to mention, just walking distance from taking a splash in the South Hills Pool! And as if this wasn't enough, home warranty is also included. This is a must see! MLS 210500



\$129,900 Lovely, stone rancher with welcoming, open living and dining rooms. Attention to detail with refinished oak floors, built-in-bookshelves, wood burning fireplace and fresh paint. Large basement with recreation room and bar, half bathroom, 23.3x19.8 utility room with washer/dryer. Ample storage space. Great for entertaining. Pristine condition. MLS 211049



\$795,000 INCREDIBLE Fayetteville home with vast acreage and incomparable views and land including marked private hiking trails to Laurel Creek and a turf practice field as well as extensive parking. Beautiful cypress and black metal exterior and spacious rooms with open layout. Ample room for entertaining as well as plenty of space for everyone to have their own area. Contemporary, unique, and everything is updated and pristine! A must-see! MLS 210175



\$197,000 Lovely home with huge, fully fenced yard and gorgeous, covered back deck. Ample natural light inside. Open floor layout with spacious rooms. Deluxe master bedroom with walk-in closet and master bath with separate tub and corner shower. Updates throughout the home. Fantastic neighborhood, fantastic location! MLS 210329



\$359,900 Gorgeous brick home w/ professionally designed & landscaped front yard. Deluxe, gourmet kitchen w/Wolf oven & caramel granite counters. Finished basement, w/kitchenette & wet bar, bedroom, full bathroom, FP, & office. Bathrooms on every level w/ intricate details: mother of pearl tile, heated flooring, walk-in bathroom w/storage & basket woven backsplash. Dining room w/custom designed wainscoting & molding. Spacious rooms, 2 fireplaces, & convenient circular driveway. MLS 211550



\$199,900 Elegant brick home situated in a lovely cul-de-sac. Elegant hardwood floors protected under carpeting, new HVAC systems, roof installed in 2014, beautiful crown molding throughout, with a gorgeous wooden back deck and garden, great for entertaining. Move in ready!



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ONE OF A KIND! Gardener's paradise on over 1.5 acres on Loudon Heights Rd. Architecturally designed, chef's kitchen, one floor plan. Features galore! MLS:206760



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TRADITIONAL TWO STORY, 4 BR, 2 full and 2 half baths, sensible floor plan with open kitchen/family room. Large, finished lower level with great storage space. Screened porch and deck. MLS:204159



THE RIDGES: Custom designed, 5 bed, 3.5 bath home, updates galore! 3 car garage, fully finished lower level with full kitchen, 3 HVAC units, over an acre lot. Priced to move! MLS:204029



YORKTOWNE: 5 beds, 4.5 baths, 3 floors of living plus unfinished 2263 square feet basement! Almost a half acre lot, immaculate condition. MLS:204640



SIISONVILLE: 368 acre farm w/4 bed farm house w/many custom features. Cattle and horse barns, oversized garage w/finished area above, private location, but minutes to interstate. MLS:207302



REDUCED
150 ACRE WORKING FARM: 2 bed, 1 bath, log cabin built in 2009; Conservation Farm of the Year 3 years in a row; fully fenced with 65 acres cleared. Minutes to I-77. MLS:207173



RIPLEY: 4 bed, 3.5 bath, 1 story, 2 car garage, wooded lot, minutes to amenities **\$180,000** MLS: 211191



FAMILY FRIENDLY NEIGHBORHOOD: Large rooms, great storage, tons of improvements, including updated baths, roof, heat pump and rear patio. 4 bed, 3.5 bath, 4150 sf. MLS 211620



SOUTHGATE: Beautiful 3 BR, 3 full bath townhome with newer roof, windows and HVAC. Home warranty included. MLS:205752



SOUTHGATE: 4 bedrooms, 3.5 baths, Darin Fisher kitchen, hardwoods on first floor, plantation shutters, tons of storage options. Private double decks.



EAST END: 3 beds, 1.5 baths, fenced yard, 1 car detached garage, large rooms, newer furnace, tons of potential!



KANAWHA CITY

Refurbished 4 bedroom, 2 bath home boasts a beautiful Darin Fisher kitchen. Gleaming hardwood floors, crown moldings, main level den and full bath opens to spacious deck and privately fenced lot, Rec room on lower level and one car garage. Walk to CAMC hospital **\$257,900** MLS 211790.



mara
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mellis@oldcolony.com



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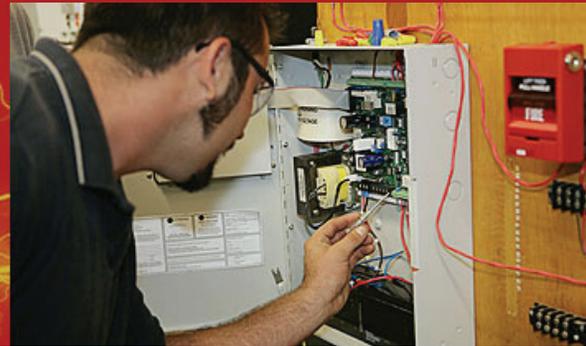


DOWN TOWN CHARLESTON
Convenient downtown living in this 2 bedroom, 2 1/2 bath townhouse. Updated kitchen with stainless appliances, Laminate flooring & insulated windows. Exceptional condition! **\$149,000** MLS 211400



WHY RENT?

Invest in your own 3 bedroom home for less ! Living room opens to dining area, hardwood floors under carpet, family room and workshop. One car carport situated on a fenced lot. MLS 211767 **\$79,500**



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AUTISM

DEALING WITH DIFFICULT BEHAVIOR

Many parents of children diagnosed with autism spectrum disorder may often find themselves asking “why?” Why would a child engage in behavior that outwardly seems to serve no purpose, such as injuring themselves or repetitive, obsessive routines and rituals? What do they get out of it? Well, the short answer is that all of us, whether on the autism spectrum or not, have reasons for doing the things that we do. Granted, those reasons may not always be clear, but that doesn’t change the fact that ultimately there are underlying causes for every behavior that we engage in. Behavior, particularly for individuals who have difficulty expressing themselves, can also be a form of communication. Therefore, it stands to reason that if we can identify the root cause, or function of the behavior, then we may be able to either increase behavior that is beneficial or decrease behavior that is problematic.

So what drives a child with ASD to behave in a certain way? Let’s take a look at the four main categories that account for what shapes behavior.

*By Jason Little,
Applied Behavior Learning Center
304-720-3383
<http://abccharlestonwv.com>*

1 Escape or avoidance: Often a child with ASD will engage in difficult behavior in order to avoid a task that they find unpleasant. For example, if throwing a tantrum gets them out of a situation that they dislike, then that tantrum may be their way of saying “I don’t want to.” This is particularly true if the tantrums have been effective in the past.

2 Attention seeking: Many children find that negative attention is preferable to no attention at all. Therefore, if a child is looking for interaction with parents, teachers, siblings, or peers, they may have learned that the quickest way to get the attention they seek is to engage in behavior that forces people to pay attention to them.

3 Seeking access to tangibles: By tangibles I mean things that a child can touch, play with, or taste. If a child has limited communication skills, they may be frustrated by their inability to properly ask for what they want, so they may resort to “bad” behavior so that they can get what it is they desire.

4 Sensory stimulation: Sometimes behavior that we find problematic behavior can be the result of a child attempting to satisfy a sensory need. For example, a child may bang their head against walls or the floor because they are overwhelmed by the amount of information their brain is attempting to process, and this behavior may help to drown out the extra information their senses are exposed to. A child may hum or make repetitive noises for the same reason.

While these four categories account for much of the behavior that we may need to address, it’s not always that simple because sometimes the behavior we engage in can be a combination of several factors. For example, a child may scream on the playground in order to get attention and scream at home to avoid an unpleasant request. A child may injure themselves at school to avoid leaving a preferred activity and may engage in the same behavior at home to help them self regulate their sensory needs. Ultimately, it is difficult to address problem behavior when we don’t know the function or the reason why they are doing the things that they do, so the first step is to determine what the child is getting out of the behavior and start there.



Heather Nelson
Licensed Assistant
304.550.7701



Peggy White

REALTOR

304.395.0619 cell
pwhite@oldcolony.com

Please visit me on 



6,500 SF WITH 5 BEDROOMS AND 4½ BATHS.

Beautiful home with open floor plan in a cul de sac. Main floor has 3 bedrooms each with private bath and large walk-in closet. Brazilian cherry hardwood floors. Full size walkout basement with 2 bedrooms, workshop/garage, and a full kitchen. Two 1½ car garages on the main level and a 3rd smaller garage in the basement. MLS#209702
Price \$599,000



3,434 SF WITH 3 BEDROOMS AND 4½ BATHS.

Indian Creek Village. Beautiful custom-built home. All brick home offers spacious rooms with first floor master suite. Bonus room on second floor. Lower level family room and full bath with partial kitchen and bonus room allows option for second living quarters or great space for entertaining. Screened porch and large lot with plenty of parking. MLS#211565
Price \$385,000



3,280 SF WITH 5 BEDROOMS AND 3½ BATHS.

Open floor plan with large kitchen that opens to the family room with fireplace. Many updates throughout make this home move in ready! Bonus room over garage and private deck off second floor bedroom suite. MLS#207908
Price \$359,500



2,829 SF WITH 4 BEDROOMS AND 2½ BATHS.

South Hills neighborhood. Great room and bedrooms each with large closet space. Convenient to schools, pool, and downtown Charleston. MLS#209575
Price \$265,000



2,847 SF WITH 3 BEDROOMS AND 2½ BATHS.

One of a kind rancher built with impeccable quality. New engineered hardwood floors in entrance, hallway and bedrooms. 4 wood burning fireplaces. This home also offers a large kitchen opening into dining room and breakfast nook. Oversized 2 car garage has a breezeway. This is truly a home that you don't want to miss.
Price \$219,900



3,092 SF WITH 4 BEDROOMS AND 2½ BATHS.

Well maintained property with lots of updates. The home offers 3 bedrooms, laundry, large family room and living room on the main floor. The upstairs includes a huge great room, bedroom and 1/2 bath. Private fenced back yard. Nice deck for enjoying summer evenings. MLS# 208145
Price \$169,900



1,820 SF WITH 3 BEDROOMS AND 2 FULL BATHS.

Fabulous rancher in impeccable condition! Large living room with fireplace. Nice covered front and back porches. Partially fenced lot and 2 car garage. MLS#210605
Price \$157,900



1,320 SF WITH 3 BEDROOMS AND 1½ BATHS.

Many updates including HVAC, roof, floor coverings, and windows. Main floor includes master bedroom, bath, and laundry facility. Two large bedrooms and 1/2 bath on upper level. Large walk-out deck. MLS# 211559
Price \$89,500



1,300 SF WITH 3 BEDROOMS AND 1½ BATHS.

Nice eat in kitchen. Double car garage and a partial basement. USDA qualified and ready for occupancy! MLS# 210287
Price \$59,000

NICE BUILDING LOTS AVAILABLE IN NEW DEVELOPMENT IN PINCH.

9 Majestic Pointe

10 Majestic Pointe

14 Majestic Pointe

Getting Lucky with Color!

It's

the time of year when we begin to look at ways to freshen the home in anticipation of Spring. Fortunately, we have Color Trends to guide the way!

While you may have seen

Denim Drift

Shadow

Duck White

(all beautiful colors) our focus on a Springtime tone is the PANTONE Color of the Year, Greenery.

Greenery

Try adding toss pillows in patterns and solids that bring the outdoors in using Greenery!

Want to get even more creative! Try accenting a wall with the freshness



of this grassy green by painting a focal wall!

What a perfect time to find ways to bring the home back to life. And this year, just as things begin to green up outdoors, we are offered great opportunities to add this happy fresh addition in several ways inside the home!

Starting with furniture, add a



new piece with a covering in the green palette! Whether you have decided to



add a single piece to become a focal point in the space or to carry the theme of color throughout the room, the mission will be accomplished! Or Add some accents!



Or better yet, add the pattern and texture of today's great wall coverings! Make a statement!



And finally, use of indoor plants, artworks and decorative pieces to balance the

space in the fresh new color! The result will be a happy space that makes you smile as you move away from the cold weather transitioning into the excitement of Spring!

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116 CORNWALL LANE, CHARLESTON | \$792,900



DRASTICALLY REDUCED below appraised value! Absolutely stunning high-end custom built home. Gorgeous hardwood floors, custom crown molding, doors and wainscoting. Beautiful kitchen with cherry cabinets, granite and stainless appliances. Large first floor master suite with jacuzzi tub, large shower and walk-in closets. Large open family room with a stone fireplace to the ceiling. The basement is a large recreation room with a bar for entertaining. The home has 5 bedrooms, 4 full baths, 2 half baths, 3 car garage and 2 fireplaces. Basement area has storage for up to 4 or 5 vehicles or could be used as a work shop or storage area. A very large deck with trex decking the length of the house. A must see home with many more amenities! MLS# 208404

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As spring knocks on our doorsteps...

It's time to get out there and do some preventative maintenance on your properties. Old Man Winter hasn't been too bad on us these past few months, but you still will need to check those roofs, gutters, and where the pavement meets the structure. When it comes to Mother Nature, water is one of the biggest en-

emies we have. I've seen many inspectors point out water as being the culprit of structural damage. Don't be one of those statistics. Hiring the right professionals to come out and do a little preventative maintenance will save you in the future, from spending possibly thousands of dollars in repairs.



Have a wonderful spring. .

Duke Jordan
REALTOR®
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NESTLED ON THE BACKSIDE OF WOODVALE in a wooded setting surrounded by a handful of wonderful homes! This Dutch colonial has a magnificent guest or Master suite in the lower level, a terrific kitchen, decks and views surround you. A birder's paradise. Make it yours! MLS# 210548



WE DELIVER! Woodburning fireplace, family room, hardwoods and solid wood doors, classy kitchen, above ground pool, covered patio and one gorgeous lot! Knollwood! Where neighbors care about their neighbors! A playground for their children. A place children come back to, to raise their children! MLS# 210862



MOUND SCHOOL IS DUNBAR'S BEST KEPT SECRET! Loaded with possibilities and in overall great condition. Think Office Suites, a church, a daycare, a school. Lot's to love (not in the flood plain). Easy to preview and smartly priced to sell. MLS# 207588



GREAT INVESTMENT PROPERTY in amazingly good condition. Storage, fenced yard, three bedrooms, great FR possibilities in lower level with a fireplace. Precious for a family of one or two or more! Easy to preview and tons to love! MLS# 208281



WHO DOESN'T LOVE KNOLLWOOD, and this dear home has a boatful to offer. A great Family Room, an upstairs perfect for children or grands, a terrific yard, huge usable lower level. Sweet from tip to toe. And priced with You in mind! MLS# 210865



TERRIFIC INVESTMENT PROPERTY located in the heart of South Charleston. Fully -rented and in good condition. A four plex with parking for each. Super family neighborhood. MLS# 211151



THIS ONE IS CUTE! Nestled above the hillside with a fabulous two-car garage! With little effort you could have an apartment or home office above the garage! Wooded setting. Feels private and cozy. Might even be a great investment property! MLS# 210875

Lots to Love

CHESTNUT RD - Spectacular home site adjoining Chestnut Ridge Estates ML 211242

WOOD RD - A Wooded 3/4 acre lot in wonderful Edgewood MLS# 211071

KNOB RD - Street to street Gorgeous, three minutes to JA and George Washington High ML 206408

HICKORY RD - 21 acres overlooking Corridor G! Imagine the possibilities ML 210140

CARL'S LANE - 3/4 Acre, level, terrific access across from the Y. MOTIVATED! ML 205811

OAKHURST DRIVE - Overlooking Corridor G and gently rolling, about an acre, perfect location, gorgeous view! ML 211066

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NITRO INVESTMENT OPPORTUNITY! Res & Comm'l rentals 3 bldgs, income w/potential for add'l income. On Main Ave across from Deihl's restaurant. **\$250,000** Contact Mat for More information 304-419-4438 MLS 207603



WINFIELD 1 ACRE LOT Next to Courthouse! Frontage on Main Drag Rt 817. **Reduced to \$150,000** Contact Scott Goff for more information 304-395-7867 MLS 205316



ST. ALBANS REDUCED! 2836 Berkeley Street 3 bed 1 bath with c/air and garage. **\$65,000** Contact Scott Goff for more information or showing 304-395-7867 MLS 207574



POCA - FOREST PARK 2 wooded lots! 201 and 202 Spruce Lane both wooded lots ready for your Dream Home. **Price reduced at \$19,000** Contact Scott Goff for showing or more information 304-395-7867 MLS 207495



ST. ALBANS OFFICE BUILDING located in business district. Can be single user or set up for multiple units. **\$199,000.** Contact Bill Currey for showing or more information 304-419-4417 MLS 204347



SCOTT DEPOT TEAYS FARMS HORSE STABLE! This property offers large horse barn with riding ring and 6.97 acres! **Price Reduced at \$145,000!** Contact Scott Goff for showing or more information 304-395-7867 MLS 205313



CHARLESTON WEST SIDE INVESTMENT PROPERTY! **Price Reduced \$25,900!** 2 bed 1 bath with c/air and located close to Patrick street business district Contact Scott Goff for showing or more information 304-395-7867 MLS 205358



ST. ALBANS 837 S Washington Street **Price Reduced \$105,000!** 3 bed 1 bath finished basement and attached garage with hardwood floors. Contact Scott Goff for showing or more information 304-395-7867 MLS 208123



BIG CHIMNEY TOWNHOUSE FOR SALE! 222 Lighthouse Way 2 bedroom 1.5 bath, unfinished basement washer and dryer stay, Not in Flood zone **\$82,500.** Contact Scott for more information or private showing 304-395-7867



GLASGOW RETAIL/OFFICE/STORAGE SPACE FOR SALE 4400 sq ft open space very adaptable for single or multiple use **\$120,000.** Contact Mat Currey for more information or showing MLS 211492



CHARLESTON HISTORIC DISTRICT 4 unit apartment building! 3 large 2 bedroom units with carriage house, off street parking good rental history **\$210,000.** Contact Mat Currey for more information or showing MLS 211622



3.18 ACRE LOT

3.18 ACRE LOT ON LIVELY IN CHESTNUT RIDGE SUBDIVISION, South Charleston, Established Subdivision, some excavating has been done. Located away from the hustle and bustle but 15 minutes to downtown Charleston. **\$84,900**



NEW LISTING

5141 KENTUCKY ST., SO. CHAS \$101,000 3 Bdr 2 Ba approx 1,867 Sq Ft. Great older Brick Cape Cod home with much potential, Beautifully updated kitchen and solid surface counters, real hardwood floors, front porch, back patio, Fenced back yard, 2 First floor bedrooms, unfinished basement & lots more storage, A jewel just waiting to be polished



Efficiency Apt.

504 24TH ST, DUNBAR, \$98,500, 4 BDr 2 Ba, Great one Floor Plan w/efficiency apartment. Large eat in Kitchen, newer Roof & Windows. Flat Yard for Children & Pets to Play. MLS:207046



KANAWHA CITY

SALE PENDING

5500 LANCASTER A., CHARLESTON, WV 25304, \$150,000, 4 BDr 2 Ba, Lot across the street is included/Beautifully updated older home with 1st floor MBR Suite with Large Closet/Updated roof/Near to schools, shopping & hospitals/Lg front porch for relaxing/Fireplace not operable. 1 yr Home Warranty Inc MLS:205130



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NEW LISTING

112 20TH ST, DUNBAR, \$83,000, 2 Bdr, 1 Ba, Brick home with Metal Roof, new Plumbing, second bedroom has separate entrance, Front and Back Porch, corner lot.



KANAWHA CITY

2919 NOYES AV, CHAS. \$184,900 3 Bdr 2 Ba, Approx 2264 SF, Great traditional style with front porch//Fresh paint/updated kitchen, windows & roof/fenced back yard for children and pets. Call Penny 304-419-4663 MLS:200071



NEW LISTING

370 SEVEN OAKS, SCOTT DEPOT, \$229,900, 4 Bedrm, 4.5 Baths, approx 3,284 SF, spacious 2 story, w/full basement, plenty of storage, Open Kitchen and Family Room area, updated appliances, Blur Ribbon Schools in the area.



BELLE

109 MEADOW LANE, BELLE, WV, \$279,000, 3 Bdr, 3 Ba, approx 3,065, One story. Quality Construction, Country Living 15 minutes to Downtown Charleston/ Large, Flat, well landscaped lot/ Lot's of hardwood floors/Large Rooms/Move in Ready, Call Penny 304-419-4663

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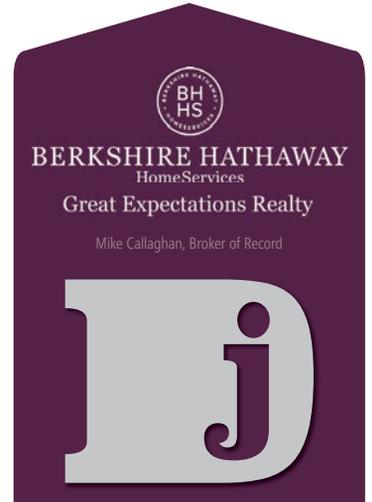


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PRICE REDUCED

READY TO MOVE IN. Immaculate 3 BR, 3 BA home featuring newer kitchen, remodeled baths, newer carpet & metal roof. Numerous updates throughout - deck with hot tub, large lower level family room with full bath, oversize 2-car garage. Great family neighborhood. MLS 210787

\$749,900



SOUTH RIDGE. 7 plus acre gentleman's farm. Over 5,000 sq.ft. 1st floor master suite, granite counters, stainless appliances, wine chiller, 3 gas log fire places, exercise room, great room, beautiful view and very private. 16X40 ft in-ground pool.10 ft ceilings. MLS204821

\$263,000



TOTAL RENOVATION new kitchen granite counters new baths new roof new hvac looks like a doll house. Great for newlyweds - new - new. MLS 205484

\$449,900



NEW LISTING

GORGEOUS AND ELEGANT all brick 2 story situated on over 1 acre of property. Open floor plan, beautiful hardwood floors and cabinetry. Oversized Master suite and den/office area. Beautiful views and fenced yard. 3 car garage. MLS 211610

\$344,000



MOTIVATED SELLER

#8 33RD STREET SE, KANAWHA CITY 2 story 3,600-s/f on prime Kanawha City corner lot 4 BR 2.5 BA. Oversize MBR Suite walk-in closets Totally Remodeled large kitchen SS appl's Privacy fenced yard Walk to CAMC Memorial MLS:206978

\$269,900



OWNER WANTS SOLD

RENOVATED AND GORGEOUS. Newer Hardwoods in Living and Dining Room. Newer Granite Counter tops in Kitchen and baths. Newer stone backsplash in kitchen. All wallpaper removed and freshly painted. First floor master suite. MLS:200624

\$204,900



NEW LISTING

GREAT LOCATION IN KANAWHA CITY - 3 bedrooms - 2.5 baths - great family home - beautiful cherry kitchen with granite counters & stainless appliances - new roof & siding. MLS 211427

\$109,900



TOTALLY REDONE - Open concept, new hardwoods, freshly painted. New light fixtures, new stainless kitchen appliances, new faucets, new 6 panel doors, fully furnished with new furniture and 2 wall mounted TVs... new heating and cooling. Currently rented for \$1200 a month. MLS 211763

\$199,900



PRICE REDUCTION

GREAT FOR MEDICAL BUILDING / DOCTORS OFFICE (zoned residential and office). 2918 has been torn down. (Deed book 2488 Page no 298 LEGAL: LT 58x150 NR So Ruff 2916 and 2918 Chesterfield Duplex) MLS 20222

\$399,900



PRICE REDUCED

CUL-DE-SAC STREET 0 whole house generator - 5th BR lower level - gas log fireplace - family neighborhood - professional landscaping - updates incl new roof, master bath & HVAC w/ 10 yr warranty. MLS 211495

\$189,900



PENDING

WONDERFUL ONE STORY in great family neighborhood - Immaculate w/numerous updates, incl roof, new carpet, new HW flrs, tile in bathrooms, SS appliances & kitchen granite (2015). All new light fixtures - wonderful outdoor covered patio. 3 bedrooms / 2 full baths. MLS:206935

\$175,000



PENDING

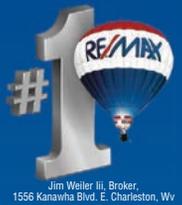
NEEDS TLC - selling to settle estate - Hardwoods under carpet, sun room - separate HVAC. MLS 208234



Sandy Kessell

ABR, GRI, CRS

Cell **545-5678**
sandykessell@remax.net



Jim Weller III, Broker,
1556 Kanawha Blvd. E. Charleston, Wv

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RIVER FRONT W/30' BOAT DOCK, like new this 3/4 BR w/1st FL luxurious Mstr & BA & 1st FL laundry has 22 foot vaulted ceilings, towering Dbl stone FPs inside & out! Hardwood Fls, Darin Fisher Kit w/Wolfe range, granite, walk in pantry, gorgeous staircase ML#202732



\$459,900

NEW LIST! Like new 3 story 4 BR w/ hardwoods, Kit w/granite & stainless, open floor plan, great Mstr & Mstr BA, fabulous 3rd FL, screened porch & deck overlooking rear play yard w/ woods, Dbl garages, flat driveway, cul de sac street, great walking neighborhood ML#211255



\$354,900

STATELY KANAWHA AVE w/Dbl FLAT lot, covered side porch on corner lot, traditional style all brick 4 BR w/ctr Foyer & grand staircase, formal LR & DR flanking Foyer, 2 FP's, french doors, eat in kit, ensuite oversized Mstr BR, hardwood floors, LL Rec Rm ML#210310



\$148,900

1313 LEE STREET EAST UNIT 221 - Condo, one FL high ceilings, 2 BR 2 BA, stunning hardwood FLs and outdoor dining balcony, new kit Can live here for \$1000/mo Owning ML#211531



\$100,000 RECENT REDO

STATELY 3 STORY COLONIAL, 5 BR 3-1/2 BA, 1st FL family room w/FP, Dbl Lot, Dbl Garages, beautiful new cherry Kit w/granite & stainless, Lg finished LL w/BA & BR. So Hills Schools. ML#210577



KANAWHA CITY CLASSIC, 1 ACRE corner lot, 3/4 BR, eat in kitchen, huge FP, screened porch, Dbl garages, Lg patio w/ BBQ, Lg formal areas ML#210429



\$379,900

4 STORY TOTALLY RENOVATED! 5 BR 4.5 BA, gorgeous covered front porch, all neutral fresh paint, stunning granite & stainless Kit plus great yard.....3rd FL is Fab guest Qtrs or great for teenagers, PLUS huge finished LL with FP. ML# 207896



YOUR OWN ENTIRE BUILDING DOWNTOWN CHARLESTON with a 5000 SF LOFT, Darin Fisher Kitchen & Baths, unbelievable space 3/4 BR 3-1/2 BA, PLUS 1st FL commercial space leased w/\$1750/mo income! 4 parking space plus great outdoor space for entertaining ML#205160



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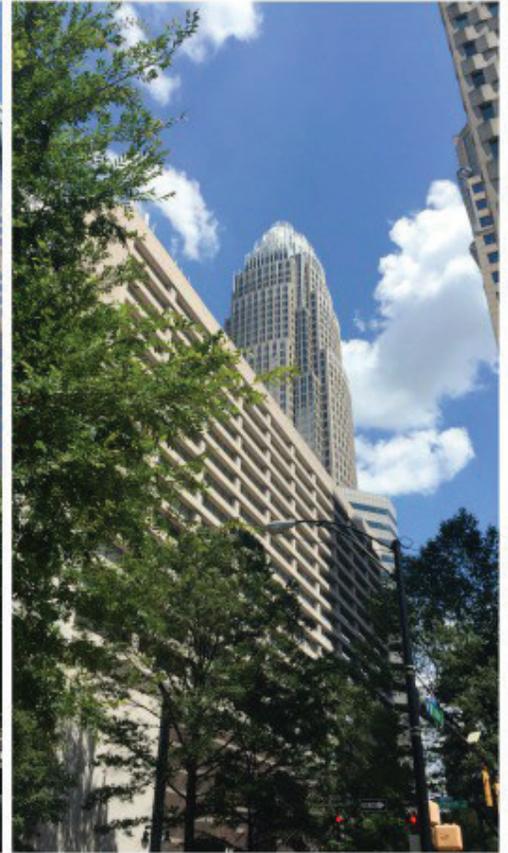


Our focus is customer satisfaction.

We're continually on the hunt for experiences that add richness to our lives. In the spirit of the revival of road trips, we're proud to begin a regular, monthly section to feature destinations within driving distance of Charleston. We feel that our smart and savvy readers will find these trips enriching and entertaining.



CHARLOTTE, NORTH CAROLINA



📷 Gorgeous skyscrapers in Uptown (which is their "downtown"), Charlotte. Photo by Melody Pittman.

Driving four hours south of Charleston, West Virginia, along the WV Turnpike and across the lush countryside, will bring you to Charlotte, North Carolina. Charlotte is a city of cultural windfall offering fine arts, tasty meals, world-class sporting events, and designer shopping. Here are some recommendations to help inspire a weekend traveler getaway in the "Queen City" of Charlotte.

complimentary beverage area. Both hotels are within walking distance of many popular attractions.

WHERE TO STAY

For those seeking luxurious accommodations, I recommend Charlotte's Le Méridien. It is a stylish hotel with trendy onsite restaurants and a killer rooftop bar. A budget friendly option is the Hilton Garden Inn Charlotte Uptown, adjacent from the NASCAR Hall of Fame. It has an onsite convenience store and



📷 Spacious room with lovely amenities at the Le Méridien Hotel. Photo by Melody Pittman.



📷 Breakfast Burger from Passion8: House made burrata, prosciutto, and a fried egg. Creamy goodness over a beef burger and homemade bun. Photo by Melody Pittman.

WHERE TO DINE IN CHARLOTTE

Charlotte has restaurants to please any palate. Intriguing breakfast eateries include Passion8, Flying Biscuit Cafe, and Cafe Monte at Ballantyne. Have a breakfast pastry or bold cup of coffee while shopping at Dean & DeLuca, one of the best gourmet food emporiums in the United States. Eat lunch like a local at Price's Chicken Coop, Brooks

Weekend TRAVELER

Sandwich House & Chili, Futa Buta (serving ramen), Fenwick's (quiche), or Pinky's West-side Grill (wings & tacos).



📷 Tangy Buffalo Chicken Flatbread from Heist Brewery. Photo by Melody Pittman.

For an upscale dinner, try The Cellar at Duckworths (house-made waffle cones), Heist Brewery (beer and flatbreads), and the Blue Restaurant and Bar (chicken and apricot tagine). Save a few bucks by dining at JJ's Red Hots (signature hotdogs), and Sabor Latin Street Grill (street tacos, burritos, and margaritas) for \$1 Tacos on Tuesdays.



📷 The 7th Street Public Market is where delicious prepared foods and interesting market finds collide. It is within steps of the Lynx Light Rail, a sensible and affordable method of transportation in Charlotte. Photo by Melody Pittman.

The shops at 7th Street Public Market, a fun urban food destination. The shops here serve fresh and affordable meals from local farms and regional purveyors. From pizza to seafood, specialty coffee drinks, and smooth-tasting glasses of wine.

🧳 ADVENTURE OPPORTUNITIES

Learn all about Charlotte's racing roots at

the NASCAR Hall of Fame. This state-of-the-art interactive facility showcases famous NASCAR cars on Glory Road, a Pit Crew Challenge, and racing simulator. If you are looking to put yourself in the driver's seat, go to the Richard Petty Driving Experience. Here, you can complete laps around the track with your hands on the wheel and foot on the gas. Want to leave the driving to a pro? Buckle up and ride shotgun as you complete three laps at speeds up to 165 mph.



📷 You do not have to be a NASCAR fan to appreciate and enjoy this amazing experience. Photo by Melody Pittman.

📖 EDUCATIONAL ACTIVITIES

Kids and adults will enjoy visiting the Levine Museum of the New South. This hands-on history museum features intriguing displays of Southern life throughout the years. Take advantage of free admission on Sundays from 12-5PM.



📷 Hands-on cotton gin and exhibit at the Levine Museum of the New South. Photo by Melody Pittman.

The McGill Rose Garden is home to over 1,000 varieties of sweet smelling flowers and plants for nature lovers. Another beautiful place to explore is the Daniel Stowe Botanical Garden.

🐾 FAMILY FUN FAVORITES

A visit to Charlotte would not be complete without spending a day at Carowinds amusement park. Known as the Thrill capital of the Southeast, Carowinds is home to many supreme roller coasters and thrill rides.

Kids will go gaga over Ray's Splash Planet.

This indoor water park (with over 117,000 gallons of water) offers water slides, a lazy river, and spill buckets. Charlotte also has a zoo, children's museum, a hands-on science museum (Discovery Place) with an IMAX Theatre.

👤 ADULT FUN

For \$25 a person, enjoy a night of rib-tickling laughs onboard The Funny Bus. Bring your own drinks and be entertained by top-notch comedians during this 90-minute interactive comedy and city tour. Music enthusiasts will want to check out The Fillmore's schedule for musical performances and delight in its kitschy decor and state-of-the-art sound and lighting systems.

🛒 WHERE TO SHOP

Charlotte's premier shopping is at The SouthPark Mall. It is home to dozens of luxury shops, such as Louis Vuitton, Nordstrom, and Tory Burch. The Plaza Midwood offers shopping for antiques, vintage clothing, used books, and resale items. The Charlotte Premium Outlets are another favorite shopping destination with over 100 coveted retailers, including Kate Spade, J Crew Factory Store, and LOFT Outlet.

⚠️ DO NOT MISS

Food tours are a great way to get to know a city. Tour de Food offers several itineraries, including one in Charlotte Uptown and the NoDa neighborhoods. Check out the River Jam concert series at the US National White-water Center from May to September. The River Jam offers a talented line-up of musical acts with a noteworthy craft-beer selection, all for a \$5 parking price tag. Visit the same venue for a variety of outdoor adventures, such as kayaking, stand-up paddle boarding, mountain biking, rock climbing, whitewater rafting, and zip lining.

🚗 WEEKEND TRIP TO CHARLOTTE, NC

As you can see, Charlotte is a city packed with fun things no matter what your interests are. Explore Charlotte's diverse neighborhoods, including NoDa, Plaza-Midwood, South End, and SouthPark. Charlotte is well worth the four hour drive from Charleston to experience the city's culture, activities, and food.



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Focal Point – St. Albans Windows

In 1959, quite a few monumental events took place. Among them, Alaska and Hawaii become states, Disney released the film *Sleeping Beauty*, the first Daytona 500 is run, the St. Lawrence Seaway is opened, and the *Twilight Zone* debuts. Closer to home, another event unfolds. Aluminum Building Products opens its doors for business in St. Albans, West Virginia. In 1984, keeping with the current manufacture innovations of the time, they were the first in the Kanawha Valley to offer vinyl window products. Then in 1985, after twenty-six successful years, the name of the company was changed to St. Albans Windows Manufacture and Siding Company.

Fast forward to 2017, with fifty-eight years of experience under their belt, St. Albans Windows is still going strong. Serving a one hundred mile radius, they will do installations throughout West Virginia, Kentucky and Ohio. Free onsite estimates ensure the homeowner the best product for their needs, whether windows, siding, doors, porch enclosures, or sunrooms.

St. Albans Windows is the only window manufacturer in the greater Charleston to Huntington metropolitan areas. They are an Energy Star Partner, which provides assurance their windows offer the home owner year round savings on heating and cooling expenses. In addition to their own manufactured windows, they can also provide other brands of windows, should the client request them.

Because St. Albans Windows manufactures their windows, there are very few size restraints. Each window is measured and the new replacement window is made to those specifications. The windows offer superior security as well, as the double-hung windows interlock and access to the lock mechanism is blocked from the outside. These features ensure peace of mind for the home or business owner.

St. Albans Windows offers a selection of premium siding in a variety of styles from classic to contemporary. Their premier line, *Alside*, is showcased on their website, featuring an amazing interactive feature that allows you to select a home style and 'try on' various siding, door, soffit, and shutter colors and styles. *Alside* is available in both vinyl and steel, with the latter resisting hurricane-force winds and impact.

No matter what name you choose - sun porch, patio room, or Florida room – the sunroom or porch enclosure is a lovely addition to any home. The addition of a sunroom not only adds value to a home, but brings seasonal to year-round enjoyment. Available in a myriad of styles, a sunroom is a beautiful, functional transition space between indoor living and outdoor spaces. Designed to take advantage of garden and lawn views, sunrooms also utilize sunlight for warmth and light.

The means of ingress and egress to and from a home are perhaps the most taken for granted feature. A door is a door, right? People



pass through them with little more than just a passing glance. But the attention to detail is truly what can make a home stand apart. From contemporary sliding doors to French doors, or the elegant radius-top door, a door can make a subtle or a dramatic statement. Their line of ProVia entry doors are both beautiful and energy efficient.

St. Albans Window provides complete installation service. They obtain any necessary building permits, are dependable, and the staff is accommodating. Work is always done with local, experienced in-house installers. The cleanup after the job leaves every jobsite looking as though they were never there...except for the outstanding workmanship they leave behind.

The Charleston Gazette Mail's annual 'Best in the Valley' contest highlights area businesses excelling in customer service and quality of products and services. St. Albans Windows was voted best in their category for fifteen consecutive years. Likewise, the Huntington Herald-Dispatch hold a similar contest called 'Best in the Tri-State.' Again, St. Albans Windows boasts a fifteen year winning record.



St. Albans Windows is located at 2141 MacCorkle Avenue in St. Albans. Vice-President, Robert Withrow, is happy to discuss your needs and can be reached at 304-727-9363, or visit their website at stalbanwindows.com.



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St. Albans Windows Manufacturing & Siding Company has been serving the tri-state area for 58 years and has been voted "Best in the Valley" for 15 years running. The company prides itself knowing that tens of thousands of satisfied residential and commercial customers have called on them over the years, and that they have earned an excellent reputation



for quality products and service. St. Albans Windows not only manufactures top quality window products, but they have their own staff that installs them. St. Albans Windows invites you to call for free in home estimate or stop by their factory and showroom. You will be happy you did. They are a great company to do business with.

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