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Home & Living



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Resource Centre

Presented by Vickie McLaughlin
SEE PAGE 11

2017 Design Trends

SEE PAGE 20

HAPPENING

AROUND TOWN

SEE PAGE 6

FOCAL POINT

SEE PAGE 30

LOOKING BACK

AT ST. JOHN'S EPISCOPAL CHURCH

SEE PAGE 10

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Building & Remodeling Warehouse
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2

TNT Doors

3

Go Minis

4

Table of Contents

5

Mr. Handyman

6

Happening
Around Town

7

Darin Fisher

8

G&R Contracting

9

Alford
Home Solutions

9

Bailes Granite

10

Looking Back

11

REAL ESTATE
Resource Centre
Vickie McLaughlin

12

Burgess Real Estate

13

Margo Teeter

14

Duke Jordan

15

Mat Currey

16

Smith's Furniture

16

White Insurance

16

Michael Bell
REALTOR®

17

Vickie McLaughlin

18

City National

19

Sandy Campbell

20

Dave Cooper

21

Edna & Natalie

22

American Dream

23

Nadia Hardy
Willma Ellis

24

Best Electric

24

Garlow Insurance

25

WBH Realty

26

Physicians
Weight Loss

26

Will Jewelry
& Loan

26

Advanced Water

27

Ferguson
Enterprises

28

Autism

29

St. Albans Windows

30

Focal Point

31

Building & Remodeling
Warehouse

BACK COVER

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Happening Around Town P6

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*Looking Back: at St. John's
Episcopal Church P10*

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2017 Design Trends P20

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Focal Point P30

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HAPPENING Around Town



Happy New Year! It's so great to have a "do-over"! 2017 means a new beginning with goals and aspirations. And there is NO better place to turn over a new leaf than Charleston!

Charleston is home to some very fine restaurants. When evenings are dark and Spring seems to be way too far in the future, Charleston plays host to "Restaurant Week". Restaurant Week first debuted three years ago this month as a response to the local public water crisis that left over 300,000 West Virginians, including the citizens of Charleston, without potable water for nine long days. Several local restaurants re-opened with a plan to bring back business by having dinner specials for one week. It was such a hit that it has become a much anticipated event that locals enjoy every January. This year, Restaurant Week is Jan. 23-28. At the finest restaurants in town, you can enjoy a three course meal for \$30. Choices include smoked quail, lobster bisque, craft beer floats, rice noodles, and many others! Go to cwvrestaurantweek.com for all the details!

For music lovers, Bluegrass Kitchen will have live acoustic honky-tonk to entertain while you dine. Winter Jam, the traveling music festival featuring some of the top names in Christian music, performs at the Civic Center this month. NO tickets required, just a \$10 donation at the door! "Broadway in Charleston" returns to the Clay Center with "Cirque Dreams Jungle Fantasy". This performance has been proclaimed "the grandest circus spectacle east of Las Vegas" and is not to be missed!

The "'Rough & Rowdy Brawl", the WV Hunting & Fishing Show, the WV International Auto Show, and Monster Jam are always enjoyed when the weather is just too cold to play outside! Rodney Carrington, the country singer-songwriter, has been making audiences laugh for nearly 20 years with his unique brand of stand-up comedy. He will be appearing at the Municipal Auditorium on Jan. 20.

Is there a wedding in your future? Then, you won't want to miss the Charleston Wedding Expo. It is the region's ultimate one-stop shop for wedding planning. Over 100 vendors will be on hand to help plan your big day.

Kanawha County Main Library has several free events for the family. From learning about and creating snowflakes to participating in Martin Luther King Day crafts and activities, children will have a blast this month, with or without snow days!

January can seem like it lasts forever, but with so many opportunities to enjoy our wonderful city, it will be over before you know it! Then, it will be Super Bowl time and I will leave you with a quick dip recipe that is sure to please at any party: 1 lb. breakfast sausage, fried and drained. Combine with 8 ounce block of cream cheese and 1 can of your favorite flavor of Ro-Tel tomatoes. Heat, mix well and serve with Scoops tortilla chips. Your friends will love you!

Jan. 6:

"Blue Yonder Live at Bluegrass Kitchen",
7pm, 1600 Washington St. E.,
live acoustic music, admission:
FREE

Jan. 6:

"Winter Jam Tour Spectacular 2017",
7pm, Charleston Civic Center,
admission:
\$10 donation at the door.

Jan. 8:

"Charleston Wedding Expo", noon,
Charleston Civic Center, admission:
\$6

Jan 13, 14:

"Rough & Rowdy Brawl",
Charleston Civic Center, admission:
TBA

Jan. 16:

"What's Your Dream?",
Kanawha County Main Library, 1pm,
admission:
FREE

Jan. 20-22:

"WV Hunting & Fishing Show",
Charleston Civic Center, admission:
varies

Jan. 20:

Rodney Carrington's
"Here Comes the Truth Tour",
Charleston Municipal Auditorium,
admission:
varies

Jan.21:

"Winter Wonderland:
Family STEM Program",
Kanawha County Main Library, 11am,
admission:
FREE

Jan. 21:

"Cirque Dreams Jungle Fantasy",
Clay Center, 8pm, admission:
varies

Jan. 23-28:

"Restaurant Week", check out their
website for up-to-date info.
wvrestaurantweek.com

Jan. 27-29:

"WV International Auto Show",
Charleston Civic Center, admission:
varies

Feb. 2:

"The Reel Connection Reading
and Discussion Group", 3pm, Kanawha
County Main Library, admission:
FREE

Feb. 3,4:

"Monster Jam", Charleston Civic Center,
admission:
varies.



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Looking Back

By: M. Lynne Squires

...LOOKING BACK AT ST. JOHN'S EPISCOPAL CHURCH



You might have wondered why the doors to an otherwise stately and imposing church building might have bright red doors. A bit incongruous, to be sure. Some people believe it sprang from an old custom of churches painting their front doors red when the mortgage was paid off.

However, the generally recognized explanation holds that the red signifies the shedding of Christ's blood and the path to salvation. Several hundred years ago red doors were symbols of refuge and sanctuary for all who entered. A soldier could not pursue an enemy who had passed through the red doors of a church. Today the red doors symbolize not just physical safety but spiritual refuge as well.

Situated on the southeast corner of the Quarrier Street and Leo Sullivan Way intersection is the red-doored St. John's Episcopal Church. Not the first structure to house St. John's, the original was a brick church completed in 1837 on the north-west corner of McFarland and Virginia Streets.

By 1884, the congregation needed a larger building to house the growing membership. Ground was broken in 1883 and was completed and consecrated in 1901. The new church was designed by renowned architect Isaac Pursell of Philadelphia. Pursell was a prolific designer of churches located in the eastern United States, many of which reflected the English Gothic Revival style. In West Virginia, Pursell also designed Tygarts Valley Presbyterian Church in Huttonsville. Both it and St. John's are listed on the National Register of Historic Places.

Pursell's Late Gothic Revival design was originally to be constructed of brick, but was changed to West Virginia sandstone, both random-coursed rough and smooth-faced. The prominent corner bell tower is a contrast with the church's Gothic windows and roofline. St. John's is the only church in Charleston with a stone belfry.

The corner buttressing, pointed arch windows and doors, and raised entrance under the bell tower all contribute to the Gothic design of St. John's. The steep slate roof is covered in patterned bands of hexagonal slates.

St. John's interior has an open-truss roof structure is a lovely example of a wooden rib-vaulted ceiling. The Gothic pointed arch element is used throughout the interior repeating the shape of the church's stained-glass windows. The windows were originally geometrically painted glass. They were replaced in the 1970's with stained glass from Blenko in West Virginia, and from other European glass houses.

The Parish House wings began construction in 1928. They represent a very early, and highly successful attempt to reflect and maintain the architectural integrity of an existing structure. Pursell's original design was left intact and fully visible from three sides.

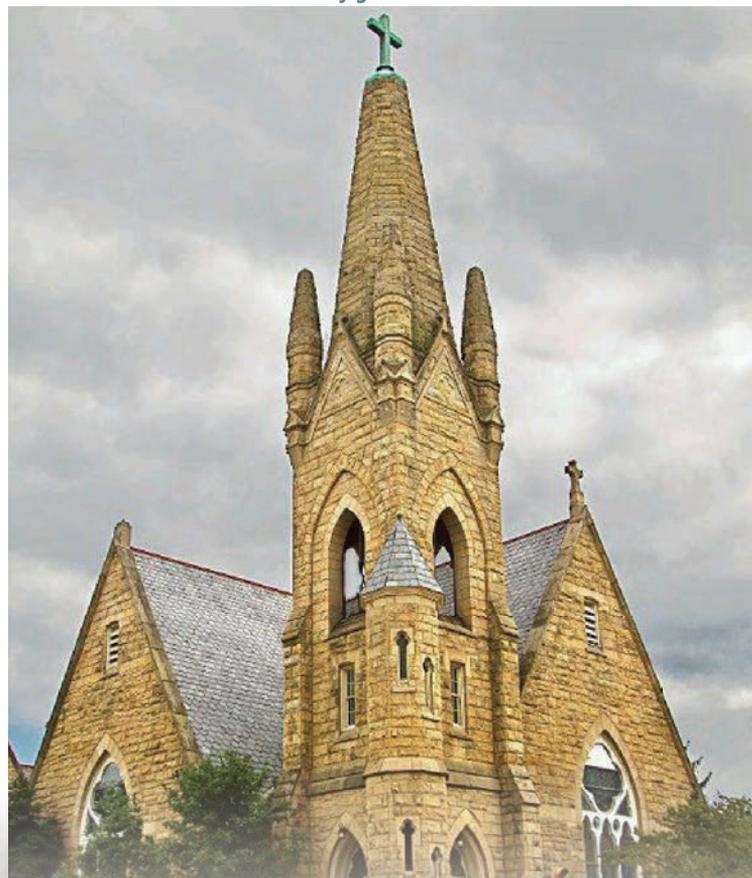
St. John's purpose is to seek, love and serve. Through the years, the parish has been on the leading edge of encouraging and supporting a variety of social issues of the day. Interfaith Refugee Ministry efforts have been a key focus in the last two years.

They also house Manna Meal, an outreach ministry that feeds area hungry two meals a day every single day of the year. Additionally, the church provides space for 12-step recovery groups to convene. Weekly Grief Groups assist those in need of support after a personal loss. The Opp Shop/Back Door Thrift Shop is open several times a week with yard sale priced items of gently used clothing and other items for members of the Charleston community.

For children, St. John's provides Reading Camp. Reading Camp offers intensive instruction to students in grades two through five who are identified by their schools as being at least a grade level behind in reading skills. They are assisted in reading development in a stress-free and failure-free environment.

St. John's Episcopal Church is a beautiful landmark structure in Charleston. But more than just a building, the church extends years of community caring and involvement to the residents of Charleston.

Next month, Looking Back visits The United Carbon Building, a small, but lovely gem on Charleston's Kanawha Boulevard.



Email your responses about St. John's Episcopal Church, or requests for locations you'd like Looking Back to visit to thewriter@mlynne.com.

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East End Charmer! All brick--3 floors with unfinished basement--just a few feet from Piedmont Elementary--beautiful woodwork, crown moulding, high ceilings--tons of storage--great lot with fenced yard--one car detached garage, accessible via Virginia St.--great potential!



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MONTGOMERY.
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MLS:156326



KIMBERLY.
This 1 story home has many updates including roof, siding, windows & heating/cooling. Has extra lot w/ workshop & 2 sheds. **\$45,000**
MLS:206570



DUNBAR.
Updated roof, siding, windows, gutters & furnace. Has den off of bdrm plus an office. Lovely fenced yard w/ private patio.
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MLS:207695



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MLS; 208311



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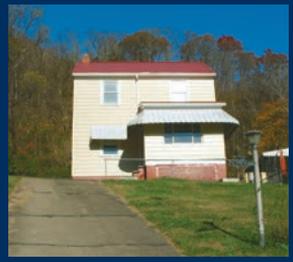
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POWELLTON.
Nice comfortable home situated on more than 1/2 acre of flat level land with detached garage, fenced lot & storage shed. **\$40,000**
MLS:157245



CHARLTON HEIGHTS.
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\$169,000
MLS:201726



BOOMER.
Well-maintained home with first floor bath, utility & den that can be converted to a bedroom. Has paved driveway & carport.
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MLS:201804



BELLE.
3 BR, 2 BA home on large flat lot - includes big kitchen, master suite w/ sunken tub, det 2 car gar, large storage bldg & fenced yard - nice porch & deck - new carpet - on a permanent foundation
MLS: 200423



SMITHERS.
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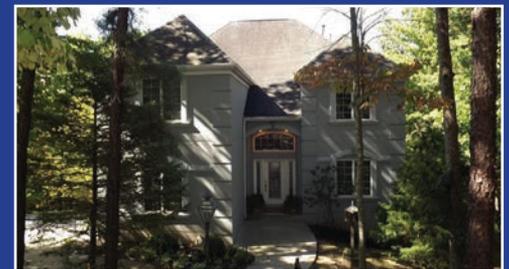
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with large guest suite, home is appointed with many of the extras. Open floor plan, beautiful cherry hardwood floors, rolling tree filled backyard, custom built-in cabinets, very large kitchen with sitting area.



THIS PROPERTY PROVIDES GREAT SPACES FOR ENTERTAINING

family and friends including formal living, 2 story family room with fireplace, open kitchen with breakfast and sun room. Bonus room and main level master suite makes this the perfect home.



BEAUTIFUL TWO-STORY

in one of Charleston's most desired neighborhoods, situated on a beautiful wooded lot within minutes of Charleston. Many updates both in and out! Excellent location!



SPACIOUS TOWN HOME

located in South Hills just minutes from 119 and downtown. Beautiful hardwoods, stainless/granite kitchen, crown mouldings and 2nd floor laundry. This one is loaded with all the extras plus a full unfinished basement.



EXCELLENT COMMERCIAL SPACE

currently being used as church. Ample off-street parking, beautiful first floor updated, open second floor with kitchen and ample bathrooms on both floors. High traffic location, tons of possibilities!



COLONIAL SOUTH HILLS HOME

sitting on close to a one acre lot. Features mature landscaping, patio w/wooded privacy, beautiful cherry floors, slate roof, copper gutters, custom-built shutters, spacious bedrooms, large rec room in lower level and a screened porch.



BERKSHIRE HATHAWAY | Great Expectations Realty HomeServices

Usually when I write an article, it's Real Estate related, or some type of positive post. However, as we go into a New Year, I'm going to default to my Marine Corp, Police, and Terrorist Scenario Planning background. I think it hits home when it is coming from someone from West Virginia.

Our freedom and way of life is under attack. I also hope you don't believe the attackers care about whether or not you're white or black, republican or democrat. Yes, we as a Nation have, and will always have some issues to address, but we have to continue to address them together through peaceful communications. Love and understanding is our most powerful weapon against homegrown racial divides.

However, the folks about whom I speak are those whom are wanting to conduct acts resulting in mass casualties on American soil. Our Christmases to come can only be merry if all citizens say something when seeing something. You, the American citizen are the eyes and ears of law enforcement and anti-terrorist agencies. We all have to do our part in



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being more observant in public places.

When something does occur, make sure you have your reaction plan in place. Employers talk to your employees, parents to your children, and schools to your students and faculty. Don't just talk about it. Run a drill on different types of scenarios. It could be active shooter, bombing, or the most recent large truck trying to strike large crowds. These scenarios should be ran, just as you tell your children how to react to a stranger physically grabbing them and taking them away. I hope I just made some of you think about the conversations you've had on these very real life scenarios that could happen to you or your loved ones. Be ready.

I know this is the Christmas Season and we all should be thinking about our gifts, loved ones, and that New Year resolution. Unfortunately, we have to remain aware of our surroundings and know there are those whom are looking for that opportunity to cause maximum casualties.

Just don't be that person who says, "I never thought this could happen here." Be ready mentally and physically to react to anything, anyplace, at any-time. I hope you had a Merry Christmas, and wishing each of you a safe and prosperous 2017.

United We Stand

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This property offers large horse barn with riding ring and 6.97 acres! **Price Reduced at \$145,000!** Contact Scott Goff for showing or more information 304-395-7867 MLS 205313



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CHARLESTON WEST SIDE INVESTMENT PROPERTY! **Price Reduced \$25,900!** 2 bed 1 bath with c/air and located close to Patrick street business district Contact Scott Goff for showing or more information 304-395-7867 MLS 205358



Reduced

ST. ALBANS 837 S Washington Street **Price Reduced \$105,000!** 3 bed 1 bath finished basement and attached garage with hardwood floors. Contact Scott Goff for showing or more information 304-395-7867 MLS 208123



SCOTT DEPOT TEAYS FARMS 3.4 Acres. Adjacent to Horse Stables. **\$60,000** Contact Scott Goff for showing or more information 304-395-7867 MLS 207487

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PENDING

HISTORIC COLONIAL WILLIAMSBURG: 4 beds, 3.5 baths, over 4000 sq. ft. Private setting, sun room, almost an acre lot, tons of architectural charm. MLS:206590



REDUCED

ONE OF A KIND! Gardener's paradise on over 1.5 acres on Loudon Heights Rd. Architecturally designed, chef's kitchen, one floor plan. Features galore! MLS:206760



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TRADITIONAL TWO STORY, 4 BR, 2 full and 2 half baths, sensible floor plan with open kitchen/family room. Large, finished lower level with great storage space. Screened porch and deck. MLS:204159



REDUCED

THE RIDGES: Custom designed, 5 bed, 3.5 bath home, updates galore! 3 car garage, fully finished lower level with full kitchen, 3 HVAC units, over an acre lot. Priced to move! MLS:204029



PENDING

YORKTOWNE: 5 beds, 4.5 baths, 3 floors of living plus unfinished 2263 square feet basement! Almost a half acre lot, immaculate condition. MLS:204640



SISSONVILLE: 368 acre farm w/4 bed farm house w/many custom features. Cattle and horse barns, oversized garage w/finished area above, private location, but minutes to interstate. MLS:207302



REDUCED

150 ACRE WORKING FARM: 2 bed, 1 bath, log cabin built in 2009; Conservation Farm of the Year 3 years in a row; fully fenced with 65 acres cleared. Minutes to I-77. MLS:207173



PENDING

EDGEWOOD CHARM: So much character in this 3 bed, 2.5 bath home, nestled on a dead end street. Private patio, hardwoods, updated windows...see to appreciate!



SOUTHGATE: Beautiful 3 BR, 3 full bath townhome with newer roof, windows and HVAC. Home warranty included. MLS:205752



SOUTHGATE: 4 bedrooms, 3.5 baths, Darin Fisher kitchen, hardwoods on first floor, plantation shutters, tons of storage options. Private double decks.



EAST END: 3 beds, 1.5 baths, fenced yard, 1 car detached garage, large rooms, newer furnace, tons of potential!

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LUXURY TOWNHOUSE WITH OPEN FLOOR PLAN, first floor master suite Fully finished lower level, decks off main and lower levels Cathedral ceilings, hardwood floors throughout. **\$369,900** MLS:200528



WELL MAINTAINED, one owner brick home located in Rock Lake Village. House offers 3 bedrooms and 1 full and 2 half baths. Finished lower level, 1 car garage, screened porch. **\$169,500** MLS:204233



INCREDIBLE STONEHENGE HOME at a great price well below market value! Brick colonial w/5 bdms including large main floor master suite. Tons of light, privacy & fab southern style front porch. 1 owner. Huge eat in kitchen. Immaculate must see home! **\$449,750** MLS:204602



EXCLUSIVE NEIGHBORHOOD, private 2 acres, front of hill, professional landscaping, multiple outdoor areas. Open concept made for entertaining with bar, indoor pool and sauna. Wall of windows w/ capital and mountain views. 2 Car garage, ample parking. **\$899,8999** MLS 206124



LOVELY KANAWHA CITY American 4 square style home. Beautiful newer kitchen, as well as newer master bedroom suite. Tons of natural light. Many updates, loaded with charm. Great front porch and neighborhood location. **\$298,000** MLS 206176



CAPE COD STYLE HOME in great South Hills subdivision. Holz school district. Large rooms throughout. Bedroom on main floor. Private setting. Finished lower level with rec room. Den could be fourth bedroom. **\$239,900** MLS 210205



5 BEDROOM, 3.5 BATH HOME IN WHISPERING WOODS. Darin Fisher designed kitchen with quartz counter tops, Omega Cabinetry, Galley Sink, and all updated appliances. Includes breakfast area, living/sunroom off of family room, and herringbone design wood flooring in formal dining. Office located on the main floor. Master bedroom features large bath and walk-in closet with plenty of storage space. Also has a fully finished lower level with wet bar. **\$550,000** MLS 210532



DYNAMITE HOUSE IN PERFECT CONDITION! Nice, west-side hill street near Edgewood. One owner, brick, 3 bedrooms, 2.5 baths. Many updates! Large rec room, workshop, and one-car garage. Fabulous starter home! **\$134,900** MLS 210454



TERRIFIC HOME CONVENIENTLY LOCATED MINUTES TO DOWNTOWN CHARLESTON. 4 bedroom, 3 full baths. Fireplace in living and lower levels. Completely updated kitchen including cabinets, counters, flooring, and more! Open concept to formal dining room. Deck with wooded views. **\$224,900** MLS 210091



RARE FIND, one of the best properties in Charleston, incredible estate in fabulous foxchase subdivision. 4 Bedrooms, with possible 5th, 4 and 2 half baths including majestic main floor master bedroom suite with its own balcony. Ridgeway setting with over 9 private wooded acres and 360 degree views. 2 Story great room with floor to ceiling windows. Amazing pool & hot tub, wrought iron fencing and separate pool house that is to die for! Perfect guest house or mother in law quarters. Great room and large kitchen combination, and laundry. Pool house lower level has bedroom, rec room and huge storage under the pool. **\$1,555,000** MLS 207674



CHARMING 4 LEVEL SPLIT HOME located in South Hills neighborhood on a corner lot. hardwood floors throughout, fireplace in living room. Relax on your private patio area. 4 good sized bedrooms. Finished lower level. **\$259,900** MLS:207900



FIRST TIME ON MARKET. One owner home. Location, location, location! Fabulous brick Georgetown home located at end of cul de sac within walking distance to GW. Open great room with kitchen and family room concept. Main floor master suite, 4 bedrooms on second level. Huge finished lower level, large fenced yard, patio and deck. **\$639,900** MLS 208208

2017 Design Trend Inspirations

Exciting times ahead as we power toward 2017, there are certainly going to be great opportunities to find innovative and inspiring ways to freshen that stale design from the last year (or longer)!



Assuming we have chosen great “bones” for the more permanent aspects of our home design, we can easily and affordably create the more current ideas and keep our home interesting! The ideas might include changes as simple as wall color (or paper) to new arrangements of our layout to shake “IT” up a bit!

Let’s start with the walls! A big trend moving slowly (as it always does) to our region, is wall paper. Many are finding great new textures patterns and evening elements such as glass

involved in today’s coverings! The clarity of pattern from current technology and makes the use of multiple color a hit! The ideas of tying in texture to wall coverings is always fresh!

Not into the “paper thing” yet? What would a change of color via paint do to start out the NEW YEAR with a new attitude?

Another great opportunity and one I think is particularly important is the use of handmade or artisan pieces in the home. Collected pieces from adventures over the years should be brought into the forefront and used to cre-

and evening smells of cooking, more interest in assigned space is the answer. While the likely answer will result in larger and combined spaces that might include a living area tied to the kitchen, you will see an end to the idea that the entire space should be visible from any vantage.

Of course, proper use of sound absorbent features will help with the sound issues in existing open spaces!

Today’s rugs are also a trend that will create fresh excitement! Colors, patterns, and textures are at their best!



ate new interest in any room! These pieces are the stories that will continue to help make that house YOUR HOME!

So, if you’ve been out west and brought back a great piece that reminds you of a good day, it needs to come down from the attic! It’s funny how many times I have had conversation with clients and encourage them to use art that is important to them. Almost every time I find a piece behind the bedroom door that instantly evokes a smile and a memory of a special place and time.

Next, we should see more historical elements added into room scenes. More exposed wood and brick that are part of the “story” of the home will provide great textures and interest! Reminds me of a time when we covered up great wood floors with carpet. When we now pull back this dated feature, the surprise underneath is often a useable wood finished jewel that tells the original story of the home!

The OPEN SPACE trend has seen its peak and a return to more defined spaces is a trend that has been creeping our direction from the west coast! To eliminate issues of acoustics

Color trends for 2017 focus on three things! Pantone color of the year GREENERY is a great lead into pops that will encourage great attitude during the winter months. Focal point color will easily direct interest to different areas of the space by introducing new colors or moving existing color! The continuation of neutrals to create a sense of color will also be a big part of 2017.



“Greenery bursts forth in 2017 to provide us with the reassurance we yearn for amid a tumultuous social and political environment. Satisfying our growing desire to rejuvenate and revitalize, Greenery symbolizes the reconnection we seek with nature, one another and a larger purpose.”

Leatrice Eiseman, Executive Director of the Pantone Color Institute

The most important trend in 2017 will be to make your house a great place to live. Functional, comfortable and pleasant surroundings are becoming more important than ever! Here’s to a great home in 2017!

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EXCITING LIFESTYLE - DOWNTOWN CHARLESTON LOFT: 2 BR, 2.5 BA, HW, exposed brick walls, galley kitchen open to living space. Common deck area w/gas grill overlooking Appalachian Power Park. Elevator & 2 car gar. Get the security of a gated community, living downtown. **\$354,900** MLS 208553



CONTEMPORARY LOFT behind Appalachian Power Park, open floor plan, exposed brick walls, kitchen with 8 foot island, high end appliances, common area deck overlooking the ball park and downtown Charleston. **\$329,000** MLS:201608



NEW CONSTRUCTION TOWNHOMES 5 minutes from Charleston. 3 bedrooms/2 baths. 1st floor master. Open floor plan. Seller to pay up to \$4500 in closing cost and an extended home warranty for 5 years! **\$256,000** MLS 210296



COMMERCIAL

LARGE ONE STORY office building. 5040 square feet, parking for 20+ cars. Set up now for 12 offices and 2 conference rooms. For sale or can be leased for \$3450/per month. **\$375,000** MLS:205663



28 ACES, PRIVATE AND SECLUDED. Several nice house seats, nice pasture field, great hunting land, 2 wells and all utilities. City water, timber, pasture, mineral right, small drivable bridge, 25 minutes to Charleston. Approximately 6 flat acres. Accessible by 4 wheeler and foot to all. **\$99,900** MLS 208114



RAISED RANCHER, 4 bedrooms 2 1/2 baths, rec room with wood burning stove, den and bedroom on 1st level, upstairs additional 3 bedrooms, living room, dining room, and kitchen, in-door pool, 2 car garage. Motivated seller! **\$227,000** MLS 208151



COZY BUNGALOW IN SPRING HILL. Hardwood floors, 3 bedrooms, 1 bath, crown molding, replacement windows, maintenance free exterior, parking pad in back, and fully fenced yard. **\$105,000** MLS 208115



40 M/L ACRES 4 bedroom, 2 bath, 2 covered porches, lots of woods, great hunting, timber **\$117,000** MLS 208422



BRICK TRI-LEVEL, 3 bedrooms, 2.5baths, recent carpet and paint. storage building, 2 car garage. **\$125,000** MLS:206512



HIDDEN POCKET OF HOMES! Spacious 3 bedroom, 2 full and 2 half baths. Open and airy. Hardwoods on 2nd floor. 2 covered porches. 1 overlooking fenced back yard. Great storage. **\$229,000** MLS 209606



NEW LISTING

TWO SEPARATE LIVING QUARTERS. 2 complete kitchens, 2 living rooms, 2 bedrooms on each floor, 2 laundry rooms. One-car detached garage. **\$145,000** MLS 210505



NEW LISTING

BRICK RANCHER - 3BR/2BA, hardwood floors, nice kitchen with large window overlooking back yard, lower level rec room, slate patio, storage building, and 2 car covered carport. Well-maintained! **\$137,500** MLS 210628

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POOL

1092 GREENLAND CIRCLE, SO CHAS. 5 Bdr 3 Ba, approx 2868 SF, Beautifully cared for home with a refreshing in ground pool/5th BR is now being used as a Ping Pong Room/Large Rooms/Ample decking/ screened porch/close proximity to shopping, hospitals, interstate access, etc./immaculate both inside and out MLS:207190



NEW LISTING

5141 KENTUCKY ST., SO. CHAS \$101,000 3 Bdr 2 Ba approx 1,867 Sq Ft. Great older Brick Cape Cod home with much potential, Beautifully updated kitchen and solid surface counters, real hardwood floors, front porch, back patio, Fenced back yard, 2 First floor bedrooms, unfinished basement & lots more storage, A jewel just waiting to be polished



Efficiency Apt.

NEW PRICE

504 24TH ST, DUNBAR, \$98,500, 4 BDr 2 Ba, Great one Floor Plan w/efficiency apartment. Large eat in Kitchen, newer Roof & Windows. Flat Yard for Children & Pets to Play. MLS:207046



KANAWHA CITY

5500 LANCASTER A., CHARLESTON, WV 25304, \$150,000, 4 BDr 2 Ba, Lot across the street is included/Beautifully updated older home with 1st floor MBR Suite with Large Closet/Updated roof/Near to schools, shopping & hospitals/Lg front porch for relaxing/Fireplace not operable. 1 yr Home Warranty Inc MLS:205130



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NEW LISTING

112 20TH ST, DUNBAR, \$83,000, 2 Bdr, 1 Ba, Brick home with Metal Roof, new Plumbing, second bedroom has separate entrance, Front and Back Porch, corner lot.



KANAWHA CITY

2919 NOYES AV, CHAS, \$189,900 3 Bdr 2 Ba, Approx 2264 SF, Great traditional style with front porch/Fresh paint/updated kitchen, windows & roof/fenced back yard for children and pets. Call Penny 304-419-4663 MLS:200071



NEW LISTING

370 SEVEN OAKS, SCOTT DEPOT, \$239,900, 4 Bedrm, 4.5 Baths, approx 3,284 SF, spacious 2 story, w/full basement, plenty of storage, Open Kitchen and Family Room area, updated appliances, Blur Ribbon Schools in the area.



BELLE

109 MEADOW LANE, BELLE, WV, \$279,000, 3 Bdr, 3 Ba, approx 3,065, One story. Quality Construction, Country Living 15 minutes to Downtown Charleston/ Large, Flat, well landscaped lot/ Lot's of hardwood floors/Large Rooms/Move in Ready, Call Penny 304-419-4663



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NEW LISTING

READY TO MOVE IN. Immaculate 3 BR, 3 BA home featuring newer kitchen, remodeled baths, newer carpet & metal roof. Numerous updates throughout - deck with hot tub, large lower level family room with full bath, oversize 2-car garage. Great family neighborhood. MLS 210787

\$749,900



1ST FLOOR MASTER BR SUITE - granite counters - stainless appliances - wine chiller - 3 gas log fireplaces - exercise room - great room - beautiful view & very private - 16 x 40 ft in-ground pool, 10 ft ceilings. MLS 204821

\$263,000



TOTAL RENOVATION new kitchen granite counters new baths new roof new hvac looks like a doll house. Great for newlyweds - new - new. MLS 205484

\$375,000



PRICE REDUCTION

ROYAL OAKS SUBDIVISION Classy two story brick 4,284-s/f living area (5) BR (3.5) BA New appliances Cherry floors New roof (2013) New doors (2009) Heated driveway Large very private one acre wooded lot that can be cleared for pool or playground MLS:205508

\$359,000



PRICE REDUCTION

#8 33RD STREET SE, KANAWHA CITY 2 story 3,600-s/f on prime Kanawha City corner lot 4 BR 2.5 BA. Oversize MBR Suite walk-in closets Totally Remodeled large kitchen SS appl's Privacy fenced yard Walk to CAMC Memorial MLS:206978

\$269,900



OWNER WANTS SOLD

RENOVATED AND GORGEOUS. Newer Hardwoods in Living and Dining Room. Newer Granite Counter tops in Kitchen and baths. Newer stone backsplash in kitchen. All wallpaper removed and freshly painted. First floor master suite. MLS:200624

\$189,900



PRICE REDUCTION

WONDERFUL ONE STORY in great family neighborhood - Immaculate w/numerous updates, incl roof, new carpet, new HW flrs, tile in bathrooms, SS appliances & kitchen granite (2015). All new light fixtures - wonderful outdoor covered patio. 3 bedrooms / 2 full baths. MLS:206935

\$179,900



EDGEWOOD MINUTES TO TOWN - new kitchen & baths - new siding, new electric, new plumbing - crown molding - all done 2007-2008. MLS:206980

\$194,500



PENDING

GREAT FAMILY HOME - beautiful hardwood floors throughout - new kitchen and newly added master bath - home features 3 bedrooms and 3 + 1/2 baths. Kitchen with stainless appliances - great back yard & oversize deck. One car garage plus additional parking pad. \$194,500 MLS 207867

\$97,500



IMMACULATE CONDITION - Freshly painted throughout - new flooring first floor - new deck off master suite - new plumbing fixture in kitchen and new sump pump. two bedrooms & full bath, plus half bath on main level. large walk-up attic for additional storage. MLS 207845

\$179,000



PRICE REDUCTION

GREAT SOUTH HILLS LOCATION - Numerous updates including, freshly painted, new light fixtures, new garage door, and new plumbing, fenced back yard, new hardwoods on main level. MLS 208198

\$175,000



PRICE REDUCTION

NEEDS TLC - selling to settle estate - Hardwoods under carpet, sun room - separate HVAC. MLS 208234



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 **PRICE REDUCED**

 **\$369,900**

WONDERFUL RAISED BRICK RANCHER – Mink Shoals area only 10 minutes to downtown this spacious 4-5 BR, 3.5 BA home sits on almost 2 acres in a great family neighborhood, 3 BR on main level including large master suite, Large first floor great room and large den in basement, plus two car garage. New roof, carpeting and freshly painted – MLS 207429



 **\$90,000**

ST ALBANS – Recently renovated rancher, 3 bed room, 1 bath, updated kitchen and bath, new roof, new HVAC, refinished hardwood floors, perfect for first time home buyer at \$90,000 MLS 210659.



 **\$89,900**

VERY NICE 2 BR 1 BA RANCH STYLE HOME IN KANAAWHA CITY. Newly painted exterior w/ beautiful landscaped yard. Off street parking w/stick built storage building. Newer kitchen w/all appliances including built in microwave. ML 207021



 **\$35,000**

MINK SHOALS Building lots situated on ridge top just off Dutch Rd. MLS 206219

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AUTISM

POSITIVE BEHAVIOR SUPPORT AND AUTISM

Individuals diagnosed with autism spectrum disorder (ASD) at times engage in challenging behavior for a variety of reasons, such as frustration due to an inability to communicate wants and needs, issues with self-regulation, or underlying biological processes that are difficult to identify. While medical concerns need to be ruled out first, there are also behavioral support systems that can help reduce problem behavior that should be used in conjunction with any medical approach. One such system is Positive Behavior Support, or PBS.

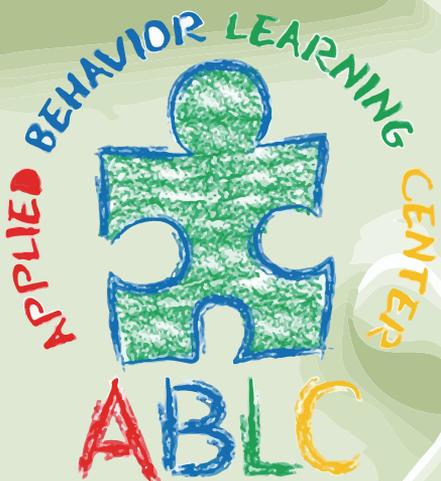
Often, when a child misbehaves, the first tool that parents and educators reach for is punishment. Yes, punishment sometimes works to quell problems at the time, but it has been proven that punishment rarely leads to lasting and meaningful behavior change and often leads to an increase aggressive behavior, as well as an erosion of the relationship between the punisher and the punished. Rewards, or using reinforcement, are one of the most consistent ways to change

behavior and build desired responses. For people with jobs, the reward is a paycheck at the end of the month. Children, especially those with autism, often need their rewards much more immediately, and in connection with the desired behavior. So, as soon as he buckles his seatbelt, he gets a 'high five'.

According to the Association for Positive Behavior Support, PBS does not condone the use of aversive (e.g., demeaning, painful) procedures to suppress behavior. Such approaches have been demonstrated to be ineffective in producing durable changes in people's behavior and do not improve to quality of their lives. So, when addressing a challenging behavior, it is important to teach a new behavior to replace the old. For example, if a child is hitting other people or themselves when they are unable to escape an undesirable situation, a functional replacement behavior might be to teach them to ask for a break when they are frustrated, or perhaps to teach a coping mechanism that will help them tolerate situations that can be aversive.

As mentioned previously, an inability to communicate can lead to frustration and anxiety, which can (and often does) lead to aggressive or inappropriate behavior. Therefore, it is important that you work to develop and expand functional communication. Language instruction, the use of PECS (Picture Exchange Communication System), teaching sign language, or using a communication device are all strategies that can help teach a person to communicate their wants and needs instead of engaging in maladaptive behavior.

PBS can be a useful tool when addressing difficult behavior in children with autism, and those that are interested in learning more should visit website for the Association for Positive Behavior Support at www.apbs.org.





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Building & Remodeling Warehouse

If you talk to just about anyone who has built or remodeled any type of home, store, or office building, the most commonly heard complaint is lack of professionalism by contractors and workmen. The homeowner or business owner hires someone to perform certain jobs, and that is the last time they see them. Or perhaps they see them for a few days, but never return, leaving the job incomplete. The home or business owner is left holding the bag, while their down payment check has been cashed by the long-gone workmen.

Admittedly, it is difficult to find anyone reliable when you don't have personal knowledge or trustworthy referral information. Building and Remodeling Warehouse in Nitro, West Virginia, specializes in finding you a solution. So much so their company motto is "No contractor - no problem!"

Building and Remodeling Warehouse allows a nervous home or business owner to rest easy. They will make recommendations for either proven contractors or workmen, or assist you with their experienced in-house installation crew, based on the type of work that needs to be done. They stand by their recommendations and can assure of quality work done in a professional, timely manner.

Here are the five W's - who, why, what, when, and where - that any knowledgeable contractor or DIY homeowner should know the answers to when choosing a supply company.

Who should use Business and Remodeling Warehouse? Any do-it-yourself home or business owner, or professional contractor who wants the largest selection and best service. Their client base is about a 50/50 mix of professionals and DIY'ers. Business and Remodeling Warehouse is experienced in providing products and services for the specific needs of each.

Why should you select Business and Remodeling Warehouse? Unlike box stores, Business and Remodeling Warehouse considers themselves to be a true specialty shop. They carry some of the best product lines in the industry, including several West Virginia based companies. In addition, their variety is far greater than a box store. For example, if you need new gutters, the box store might carry white and tan. But Business and Remodeling Warehouse carries a wide range of colors for your needs. You aren't stuck picking from the small choices, but rather have a wide range of choices.

What services do they offer? The trained and experienced staff at Business and Remodeling Warehouse go far beyond their competitor's efforts in order to satisfy their customers. They assess your plans or blueprints, and even visit your location to ensure the measurements are exact to your specifications. No guess work. They



employ intent of the old adage 'measure twice, cut once'. And they do it in person, no haphazard guess work or overestimations.

When would you need Business and Remodeling Warehouse? You can call on their expertise for any job, large or small. Do you want to think you know what you need to do a job? Or do you want to be certain? Business and Remodeling Warehouse is the go-to destination for anyone needing decking, doors, flooring, gutter systems, indoor and outdoor trim, kitchen cabinets, railings, roofing, siding, stone, tools, replacement windows and more.

Where are they located and what areas do they serve? Business and Remodeling Warehouse services the following locations: Charleston, Cross Lanes, St. Albans, Nitro, Teays Valley, Milton, Alum Creek, Madison, Hamlin, Logan, Fayetteville, Oak Hill, Beckley, Clendenin, Sutton, Spencer, Sissonville, Ripley, Winfield, Point Pleasant, and many more areas in West Virginia. Their showroom is at 300 First Avenue in Nitro, West Virginia directly across from Town and Country Bowling Lanes. They offer a beautiful showroom and a 30,000 square foot where you can see and touch all the product lines they offer.

Business and Remodeling Warehouse doesn't have a few employees with a couple of years of experience. They have a trained and experienced staff with nearly two hundred years of combined experience. Their staff can and will do blue print take-offs, give free estimates, assist in measuring your jobs, and explain products features and benefits.

To contact Building and Remodeling Warehouse, call 304-727-5035.

Or visit their website at www.mybrw.com.

The logo features a white house silhouette above the text 'BUILDING & REMODELING warehouse' in white, bold, sans-serif font. To the right, contact information is listed in orange and white text.

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JANUARY 2017 TIPS & TRICKS

CAN I STILL INSTALL NEW WINDOWS IN THE WINTER?

YES you can. There is always a season for everything. Although it's more practical to install windows when the temperatures are most amenable, there are some advantages to an off-season installation.

1. It may be easier to schedule a contractor—window installers are a lot less likely to be booked up in the summer and winter.
2. Pricing - window manufacturers tend to offer some good deals during their slowest months.
3. Why be miserable through another winter when the temperature drops and energy-efficient windows become more of a concern.

WHAT TO DO IF YOU INSTALL IN THE WINTER

If your window is broken or cracked, you can't exactly wait around until spring has sprung to put in a new one. If that's the case in your home, all is not lost just take a few of these precautions and all is good.

First, have your contractor come on a sunnier, warmer day during the winter if possible. Schedule the job for mid-morning—this will give the materials a chance to warm up and expand. Always make sure your contractor applies silicone-based caulk around the window instead of latex or acrylic. Not only will it more readily adhere to the window in colder temperatures, it's also better at waterproofing and weatherization—which will make your heating and cooling work more efficiently and save you money on your energy bills, too.

If you do your replacement in the dead of winter, have the contractor work on one window at a time to keep your home from becoming an icebox. And close off interior doors that lead to the room—that way, you can limit the effects to just one part of your home and keep the rest of your home nice and toasty.

So if you're tired of having those heating bills soar during the winter stop losing money and get those windows replaced. If you can hold your hand up to the existing window glass and feel extreme cold temperatures or even cold air through them it's time to replace. Don't lose any more money by letting your heat go right through those old windows during this frigid winter season. Call today and schedule an appointment for a free estimate. Go find somewhere warm and let our contractors install new windows before you get frost bitten.





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